



Episode 79: Indigo Kids, The Awakening, & The Next Human Evolution w/ Maureen Healy



BROUGHT TO YOU BY:
 **onspiraTees.net**



1
00:00:10,070 --> 00:00:08,310
in the 1930s president franklin delano

2
00:00:12,470 --> 00:00:10,080
roosevelt to dress the nation through a

3
00:00:13,270 --> 00:00:12,480
series of radio broadcasts known as the

4
00:00:15,990 --> 00:00:13,280
fireside

5
00:00:17,910 --> 00:00:16,000
chats his aim was to reassure the common

6
00:00:21,670 --> 00:00:17,920
man that our society would recover from

7
00:00:25,429 --> 00:00:23,990
a different kind of fire for a new era

8
00:00:28,830 --> 00:00:25,439
of worldly frustration

9
00:00:30,390 --> 00:00:28,840
we offer a fresh conversation i'm greg

10
00:00:33,190 --> 00:00:30,400
carlwood and these

11
00:00:34,709 --> 00:00:33,200
are the higher side chats welcome to the

12
00:00:36,630 --> 00:00:34,719
show higher set chatters i'm greg carl

13
00:00:38,630 --> 00:00:36,640

wood from sunny san diego drink a little

14

00:00:40,549 --> 00:00:38,640

drink and smoking a little smoke the

15

00:00:42,150 --> 00:00:40,559

only thing to do on a day free from the

16

00:00:44,229 --> 00:00:42,160

daily grind of the success of the

17

00:00:45,910 --> 00:00:44,239

hard-working shareholders and ceos of

18

00:00:47,670 --> 00:00:45,920

america

19

00:00:49,430 --> 00:00:47,680

well just a quick update on the thc

20

00:00:51,029 --> 00:00:49,440

money bomb before we get going as you've

21

00:00:53,750 --> 00:00:51,039

heard i'm giving away half the donations

22

00:00:55,590 --> 00:00:53,760

i get by episode 85 to one of you guys

23

00:00:57,510 --> 00:00:55,600

and so far this is turning out great

24

00:01:00,470 --> 00:00:57,520

i've gotten donations from five dollars

25

00:01:01,910 --> 00:01:00,480

up to 100 [h__\h] dollars

26

00:01:04,229 --> 00:01:01,920

and i can say i'll be giving away at

27

00:01:05,670 --> 00:01:04,239

least 150 dollars which is the halfway

28

00:01:06,870 --> 00:01:05,680

point right now

29

00:01:08,870 --> 00:01:06,880

way better than i would have thought

30

00:01:10,710 --> 00:01:08,880

from the first round and it seems like

31

00:01:12,630 --> 00:01:10,720

at this point people have about a one in

32

00:01:14,230 --> 00:01:12,640

30 chance and of course that's going to

33

00:01:15,910 --> 00:01:14,240

change but i can't think of anywhere

34

00:01:16,310 --> 00:01:15,920

with better odds if that's your kind of

35

00:01:17,749 --> 00:01:16,320

thing

36

00:01:19,510 --> 00:01:17,759

and you know the money is going to go to

37

00:01:20,789 --> 00:01:19,520

a show you like and someone who has the

38

00:01:22,550 --> 00:01:20,799

same struggle as you

39

00:01:24,469 --> 00:01:22,560

so if you want all the details just go

40

00:01:25,109 --> 00:01:24,479

to the highside chats dot com slash

41

00:01:26,789 --> 00:01:25,119

donate

42

00:01:28,230 --> 00:01:26,799

and all the info is there including how

43

00:01:30,069 --> 00:01:28,240

to be in the running without making a

44

00:01:31,350 --> 00:01:30,079

donation if you're unable to do so

45

00:01:33,109 --> 00:01:31,360

and with that said i'm gonna throw a

46

00:01:35,030 --> 00:01:33,119

little conspiracies action at you

47

00:01:36,469 --> 00:01:35,040

and go over our higher education for the

48

00:01:38,550 --> 00:01:36,479

week and then we'll be talking to

49

00:01:45,429 --> 00:01:38,560

maureen healy about indigo children

50

00:01:48,550 --> 00:01:46,950

we're here because we don't buy into the

51

00:01:50,389 --> 00:01:48,560

[h__h] of mainstream culture

52

00:01:51,749 --> 00:01:50,399

we're tired of the mundane passionless

53

00:01:53,429 --> 00:01:51,759

careers we've been shuffled into as a

54

00:01:54,469 --> 00:01:53,439

result of this orchestrated debt-based

55

00:01:55,910 --> 00:01:54,479

system of rule

56

00:01:57,670 --> 00:01:55,920

and the stranglehold on education and

57

00:01:59,109 --> 00:01:57,680

entertainment by cold soulless

58

00:02:02,230 --> 00:01:59,119

corporations

59

00:02:04,789 --> 00:02:02,240

people yes we are frustrated yes

60

00:02:06,069 --> 00:02:04,799

we are tired and we reject the brave

61

00:02:08,469 --> 00:02:06,079

route tranquilizers that are monday

62

00:02:10,630 --> 00:02:08,479

night football and an ice cold budweiser

63

00:02:11,830 --> 00:02:10,640

we have to stop hiding stop hiding

64

00:02:13,750 --> 00:02:11,840

behind the headphones in the cherry

65

00:02:15,350 --> 00:02:13,760

popper 420 username

66

00:02:17,270 --> 00:02:15,360

let the world see that the resistance is

67

00:02:19,190 --> 00:02:17,280

strong and society is changing

68

00:02:20,790 --> 00:02:19,200

if it was the time to be anonymous at

69

00:02:22,390 --> 00:02:20,800

that time has passed

70

00:02:24,470 --> 00:02:22,400

and so the higher side chats would like

71

00:02:26,229 --> 00:02:24,480

to present conspiracies as the dawning

72

00:02:27,510 --> 00:02:26,239

of this new paradigm in the uniform of

73

00:02:29,030 --> 00:02:27,520

the revolution

74

00:02:31,110 --> 00:02:29,040

because bold fashion should mean more

75

00:02:32,869 --> 00:02:31,120

than some celebrity meat dress or frappu

76

00:02:35,030 --> 00:02:32,879

and a silly pink color

77

00:02:36,630 --> 00:02:35,040

conspiracy redefines bold fashion as

78

00:02:37,670 --> 00:02:36,640

having the balls to reject socially

79

00:02:39,509 --> 00:02:37,680

uncomfortable

80

00:02:40,949 --> 00:02:39,519

and unpopular truths from your radiant

81

00:02:44,470 --> 00:02:40,959

chest all

82

00:02:46,869 --> 00:02:44,480

[h__\h] day conspiratees.net

83

00:02:48,150 --> 00:02:46,879

let them know that you know bold designs

84

00:02:51,830 --> 00:02:48,160

for troubled times

85

00:02:53,670 --> 00:02:51,840

hard truths softcup

86

00:02:55,190 --> 00:02:53,680

it's that time again people where rob

87

00:02:56,949 --> 00:02:55,200

davens going to give you the weird news

88

00:02:59,830 --> 00:02:56,959

of the underworld and your higher

89

00:03:02,070 --> 00:02:59,840

education rob what's good

90

00:03:03,670 --> 00:03:02,080

this week we've got a another

91

00:03:06,070 --> 00:03:03,680

interesting one

92

00:03:07,350 --> 00:03:06,080

why are thousands of people dreaming of

93

00:03:11,270 --> 00:03:07,360

this man

94

00:03:11,670 --> 00:03:11,280

confronting or befriending you over the

95

00:03:14,070 --> 00:03:11,680

past

96

00:03:15,670 --> 00:03:14,080

five years then you are one of thousands

97

00:03:16,630 --> 00:03:15,680

of people across the world who have

98

00:03:19,589 --> 00:03:16,640

dreamed of

99

00:03:20,229 --> 00:03:19,599

this man according to the this man

100

00:03:22,550 --> 00:03:20,239

website

101
00:03:24,070 --> 00:03:22,560
set up to bring together people who have

102
00:03:26,229 --> 00:03:24,080
dreamed about him

103
00:03:29,910 --> 00:03:26,239
uh they go on and they list a bunch of

104
00:03:32,390 --> 00:03:29,920
different occurrences of them having sex

105
00:03:34,229 --> 00:03:32,400
or him coming and helping them with a

106
00:03:37,350 --> 00:03:34,239
problem in their dreams

107
00:03:38,309 --> 00:03:37,360
and it sounds kind of weird but it in

108
00:03:40,390 --> 00:03:38,319
fact turns out

109
00:03:41,350 --> 00:03:40,400
that this theory is the closest to the

110
00:03:43,589 --> 00:03:41,360
truth

111
00:03:46,390 --> 00:03:43,599
this website is actually the creation of

112
00:03:47,589 --> 00:03:46,400
a sociologist and marketer named andrea

113
00:03:50,630 --> 00:03:47,599

netella

114

00:03:53,990 --> 00:03:50,640

he runs a company called gorilla

115

00:03:56,070 --> 00:03:54,000

marketing which stages subversive hoax

116

00:03:57,670 --> 00:03:56,080

and creates weird art projects that are

117

00:04:00,710 --> 00:03:57,680

mostly about pornography

118

00:04:03,270 --> 00:04:00,720

politics and advertising so

119

00:04:04,869 --> 00:04:03,280

once again viral media yeah that's

120

00:04:05,350 --> 00:04:04,879

messed up either all the stories are

121

00:04:08,229 --> 00:04:05,360

fake

122

00:04:10,229 --> 00:04:08,239

or our suggestion is causing people to

123

00:04:11,830 --> 00:04:10,239

be like oh yeah that guy wasn't my dream

124

00:04:13,429 --> 00:04:11,840

i think that's what it is is the power

125

00:04:15,270 --> 00:04:13,439

of suggestion it

126

00:04:17,430 --> 00:04:15,280

seems to be that a lot of these stories

127

00:04:19,830 --> 00:04:17,440

are just people that are easily uh

128

00:04:21,189 --> 00:04:19,840

led astray i hate that about people

129

00:04:23,189 --> 00:04:21,199

you're really [h__\h] things up for the

130

00:04:24,870 --> 00:04:23,199

alien abductees out there

131

00:04:26,710 --> 00:04:24,880

or the people who really did [h__\h] that

132

00:04:27,270 --> 00:04:26,720

weird police sketch of a man in their

133

00:04:28,710 --> 00:04:27,280

dreams

134

00:04:30,950 --> 00:04:28,720

either you [h__\h] a man or you didn't

135

00:04:32,550 --> 00:04:30,960

people don't [h__\h] a bullshitter rob

136

00:04:35,110 --> 00:04:32,560

what else you got

137

00:04:37,110 --> 00:04:35,120

all right nightmare on klein street

138

00:04:39,909 --> 00:04:37,120

human bones found alongs

139

00:04:41,749 --> 00:04:39,919

with skull masks as a voodoo temple is

140

00:04:43,350 --> 00:04:41,759

uncovered in a tool shed behind a

141

00:04:45,909 --> 00:04:43,360

colorado home

142

00:04:47,590 --> 00:04:45,919

human bones have been uncovered along

143

00:04:50,390 --> 00:04:47,600

with numerous bizarre

144

00:04:51,270 --> 00:04:50,400

and unusual items at what police believe

145

00:04:53,590 --> 00:04:51,280

once was

146

00:04:54,950 --> 00:04:53,600

a voodoo temple that was used to worship

147

00:04:57,430 --> 00:04:54,960

the occults

148

00:04:58,230 --> 00:04:57,440

the shocking discovery made last

149

00:05:00,469 --> 00:04:58,240

thursday

150

00:05:01,430 --> 00:05:00,479

in and around the tool shed of the back

151
00:05:04,390 --> 00:05:01,440
of the home

152
00:05:05,510 --> 00:05:04,400
at 1250 Klein Street in Lakewood

153
00:05:08,550 --> 00:05:05,520
Colorado

154
00:05:10,870 --> 00:05:08,560
which was being prepared to be sold

155
00:05:13,590 --> 00:05:10,880
a cleaning crew hired by local real

156
00:05:15,590 --> 00:05:13,600
estate agent uncovered numerous items

157
00:05:17,909 --> 00:05:15,600
while clearing out the shed including a

158
00:05:20,950 --> 00:05:17,919
machete a skeleton mask

159
00:05:23,670 --> 00:05:20,960
a wig of brown hair candles bottles

160
00:05:25,430 --> 00:05:23,680
an iron pot a scepter made from an

161
00:05:28,310 --> 00:05:25,440
antler and bull's horns

162
00:05:28,870 --> 00:05:28,320
and various animal bones so remember

163
00:05:31,350 --> 00:05:28,880

kids

164

00:05:33,749 --> 00:05:31,360

there really is a luciferian death cult

165

00:05:36,870 --> 00:05:33,759

behind every corner

166

00:05:39,510 --> 00:05:36,880

ain't no party like a voodoo party

167

00:05:41,749 --> 00:05:39,520

and then finally a fuel removal from

168

00:05:44,230 --> 00:05:41,759

fukushima reactor that threatens an

169

00:05:46,310 --> 00:05:44,240

apocalyptic scenario

170

00:05:48,550 --> 00:05:46,320

an operation with potentially

171

00:05:51,670 --> 00:05:48,560

apocalyptic consequences

172

00:05:52,150 --> 00:05:51,680

is expected to begin in little over two

173

00:05:55,350 --> 00:05:52,160

weeks

174

00:05:58,070 --> 00:05:55,360

from now as early as november 8th at

175

00:05:59,110 --> 00:05:58,080

fukushima's damaged and sinking reactor

176

00:06:01,670 --> 00:05:59,120

number four

177

00:06:02,150 --> 00:06:01,680

plant operator tepco will attempt to

178

00:06:05,670 --> 00:06:02,160

remove

179

00:06:08,230 --> 00:06:05,680

over 1300 spent fuel rods holding the

180

00:06:11,670 --> 00:06:08,240

radiation equivalent of 14

181

00:06:13,350 --> 00:06:11,680

000 hiroshima bombs while reactor 4 the

182

00:06:14,309 --> 00:06:13,360

building itself did not suffer a

183

00:06:16,950 --> 00:06:14,319

meltdown

184

00:06:17,670 --> 00:06:16,960

it did suffer a hydrogen explosion and

185

00:06:20,870 --> 00:06:17,680

it is now

186

00:06:24,150 --> 00:06:20,880

tipping and sinking and has zero ability

187

00:06:26,870 --> 00:06:24,160

to withstand another seismic event

188

00:06:28,309 --> 00:06:26,880

now here's a quote from paul gunter md

189

00:06:30,550 --> 00:06:28,319

who is uh one of the

190

00:06:31,749 --> 00:06:30,560

scientists examining what's going on

191

00:06:33,909 --> 00:06:31,759

here

192

00:06:35,909 --> 00:06:33,919

time is of the essence as we remain

193

00:06:37,749 --> 00:06:35,919

concerned about another earthquake that

194

00:06:38,710 --> 00:06:37,759

could topple the damaged reactor

195

00:06:40,950 --> 00:06:38,720

building

196

00:06:41,749 --> 00:06:40,960

and the nuclear waste storage pond in

197

00:06:44,469 --> 00:06:41,759

its attic

198

00:06:46,550 --> 00:06:44,479

he continued this could literally

199

00:06:49,189 --> 00:06:46,560

reignite the nuclear accident

200

00:06:49,830 --> 00:06:49,199

in an open atmosphere and inflame it

201
00:06:52,790 --> 00:06:49,840
into

202
00:06:54,070 --> 00:06:52,800
hemispheric proportions so you know

203
00:06:57,029 --> 00:06:54,080
fukushima where

204
00:06:58,150 --> 00:06:57,039
we're setting what two years on and it's

205
00:07:01,830 --> 00:06:58,160
still not

206
00:07:04,550 --> 00:07:01,840
even begun to been dealt with

207
00:07:06,629 --> 00:07:04,560
it's a beautiful world isn't it rob well

208
00:07:08,469 --> 00:07:06,639
you know what's a third arm or a third

209
00:07:10,870 --> 00:07:08,479
eye growing idea i mean

210
00:07:13,029 --> 00:07:10,880
come on love the radiation yeah right

211
00:07:15,430 --> 00:07:13,039
it's just the creativity of the universe

212
00:07:18,629 --> 00:07:15,440
manifesting in this new age of awakening

213
00:07:20,550 --> 00:07:18,639

exactly exactly earth wanted plastic so

214

00:07:22,710 --> 00:07:20,560

it made plastic

215

00:07:24,230 --> 00:07:22,720

right on well hey thanks again rob we

216

00:07:26,230 --> 00:07:24,240

will see you next week

217

00:07:27,990 --> 00:07:26,240

all right man thanks for having me all

218

00:07:30,150 --> 00:07:28,000

right well that was rob daven my main

219

00:07:31,670 --> 00:07:30,160

man from dark space dot tv you can check

220

00:07:32,710 --> 00:07:31,680

out all the things that he's putting out

221

00:07:34,070 --> 00:07:32,720

over there

222

00:07:39,990 --> 00:07:34,080

and we'll see him with more higher

223

00:07:42,870 --> 00:07:41,430

all right people i'm pretty psyched

224

00:07:43,990 --> 00:07:42,880

about today's show because there's this

225

00:07:45,670 --> 00:07:44,000

idea that people are

226

00:07:47,510 --> 00:07:45,680

changing this idea that there's some

227

00:07:49,670 --> 00:07:47,520

type of awakening going on

228

00:07:52,070 --> 00:07:49,680

something prophesized in the stars

229

00:07:53,350 --> 00:07:52,080

knowledge held sacred by a shadowy cabal

230

00:07:55,430 --> 00:07:53,360

of dark elites

231

00:07:57,189 --> 00:07:55,440

in fact it may be their very motivation

232

00:07:59,430 --> 00:07:57,199

for ramping up the global takeover and

233

00:08:01,110 --> 00:07:59,440

the crackdown on human consciousness

234

00:08:02,950 --> 00:08:01,120

people i don't know but it's a popular

235

00:08:03,670 --> 00:08:02,960

threat on the conspiracy sweater and if

236

00:08:05,189 --> 00:08:03,680

it's true

237

00:08:06,710 --> 00:08:05,199

we should be able to find some sort of

238

00:08:07,749 --> 00:08:06,720

evidence of it so let's see how this

239

00:08:09,909 --> 00:08:07,759

thing unravels

240

00:08:12,309 --> 00:08:09,919

so what's the deal are people being born

241

00:08:14,469 --> 00:08:12,319

today more energetically sensitive do

242

00:08:16,390 --> 00:08:14,479

they resonate at a higher frequency

243

00:08:17,510 --> 00:08:16,400

i think it's an idea worth exploring so

244

00:08:19,430 --> 00:08:17,520

i got the expert

245

00:08:22,070 --> 00:08:19,440

maureen healy has been a leading voice

246

00:08:23,990 --> 00:08:22,080

for children worldwide and in 2007

247

00:08:25,510 --> 00:08:24,000

she lived at the base of the himalayas

248

00:08:26,150 --> 00:08:25,520

working with the tibetan refugee

249

00:08:28,230 --> 00:08:26,160

children

250

00:08:30,469 --> 00:08:28,240

and she studied with his holiness

251

00:08:32,389 --> 00:08:30,479

himself the 14th dalai lama

252

00:08:34,469 --> 00:08:32,399

she's written two books as well entitled

253

00:08:36,790 --> 00:08:34,479

growing happy kids and her newest book

254

00:08:38,949 --> 00:08:36,800

the energetic keys to indigo kids

255

00:08:40,790 --> 00:08:38,959

maureen welcome to the show how are you

256

00:08:42,709 --> 00:08:40,800

i'm great thanks for having me

257

00:08:44,470 --> 00:08:42,719

it is absolutely my pleasure when i

258

00:08:46,389 --> 00:08:44,480

first heard about indigo kids

259

00:08:48,150 --> 00:08:46,399

i had heard that they were this new type

260

00:08:50,710 --> 00:08:48,160

of person being born that they were more

261

00:08:53,110 --> 00:08:50,720

enlightened more energetically sensitive

262

00:08:54,070 --> 00:08:53,120

that they had more of a connected global

263

00:08:55,910 --> 00:08:54,080

mindset

264

00:08:57,670 --> 00:08:55,920

just a whole host of attributes were

265

00:08:58,949 --> 00:08:57,680

thrown out and i thought if it's true it

266

00:09:00,949 --> 00:08:58,959

could be evidence of this

267

00:09:02,790 --> 00:09:00,959

global awakening but i never really dug

268

00:09:04,710 --> 00:09:02,800

into it too much so when

269

00:09:06,389 --> 00:09:04,720

newpage sent me your book i thought yeah

270

00:09:07,590 --> 00:09:06,399

maybe it's worth taking a deeper look at

271

00:09:09,110 --> 00:09:07,600

this idea

272

00:09:10,949 --> 00:09:09,120

but for people who might not be familiar

273

00:09:12,389 --> 00:09:10,959

with the term indigo kids and just to

274

00:09:15,350 --> 00:09:12,399

clarify what they are

275

00:09:16,310 --> 00:09:15,360

can you give people your take on them

276

00:09:18,870 --> 00:09:16,320

sure

277

00:09:20,070 --> 00:09:18,880

uh you know there's a big umbrella and

278

00:09:21,030 --> 00:09:20,080

under that umbrella there would be

279

00:09:23,190 --> 00:09:21,040

sensitive children

280

00:09:25,430 --> 00:09:23,200

all different types of sensitive kids

281

00:09:26,870 --> 00:09:25,440

including asperger's and autism and all

282

00:09:29,430 --> 00:09:26,880

different types of sensitive kids

283

00:09:30,550 --> 00:09:29,440

but indigo kids are have a high level of

284

00:09:33,190 --> 00:09:30,560

sensitivity

285

00:09:35,350 --> 00:09:33,200

and they also have a high level of

286

00:09:37,430 --> 00:09:35,360

intensity which would be

287

00:09:38,790 --> 00:09:37,440

uh like an angry type energy and i don't

288

00:09:40,790 --> 00:09:38,800

want to say they're angry but they have

289

00:09:41,350 --> 00:09:40,800

like a fierceness to them so they hold

290

00:09:43,350 --> 00:09:41,360

what

291

00:09:45,350 --> 00:09:43,360

seem to be opposing qualities so they

292

00:09:46,630 --> 00:09:45,360

have that in that high sensitivity they

293

00:09:49,590 --> 00:09:46,640

have that fierceness

294

00:09:49,990 --> 00:09:49,600

and they also have a similar mindset so

295

00:09:53,910 --> 00:09:50,000

they

296

00:09:55,269 --> 00:09:53,920

to be treated as equals and then it can

297

00:09:57,509 --> 00:09:55,279

you know there's a whole list of things

298

00:09:59,829 --> 00:09:57,519

that they share as a collective

299

00:10:01,350 --> 00:09:59,839

but the reason i zeroed in on indigos is

300

00:10:03,590 --> 00:10:01,360

because they have that high level of

301
00:10:06,790 --> 00:10:03,600
sensitivity high level of intuition

302
00:10:08,790 --> 00:10:06,800
very gifted in certain areas and also

303
00:10:10,470 --> 00:10:08,800
um do have that fierceness that can go

304
00:10:11,670 --> 00:10:10,480
in a direction that would be considered

305
00:10:14,710 --> 00:10:11,680
skillful quickly or

306
00:10:16,069 --> 00:10:14,720
can be challenging as well yeah it seems

307
00:10:18,310 --> 00:10:16,079
really interesting where did the term

308
00:10:21,350 --> 00:10:18,320
indigo kids come from

309
00:10:24,230 --> 00:10:21,360
it came from a metaphysician in the 70s

310
00:10:25,030 --> 00:10:24,240
who is now past her name is nancy t and

311
00:10:27,910 --> 00:10:25,040
she

312
00:10:28,790 --> 00:10:27,920
notice that the aura around these

313
00:10:31,030 --> 00:10:28,800

children

314

00:10:33,030 --> 00:10:31,040

tended to be the color indigo and that

315

00:10:35,110 --> 00:10:33,040

color is associated with the

316

00:10:37,350 --> 00:10:35,120

energy center of intuition the third eye

317

00:10:38,710 --> 00:10:37,360

center which is between the eyes

318

00:10:40,870 --> 00:10:38,720

and that's where they have this high

319

00:10:42,630 --> 00:10:40,880

level their their primary uh

320

00:10:44,310 --> 00:10:42,640

intelligence is intuitive although they

321

00:10:46,710 --> 00:10:44,320

are intelligent in all sorts of ways

322

00:10:48,230 --> 00:10:46,720

they're very intuitive

323

00:10:50,069 --> 00:10:48,240

see that's really interesting the third

324

00:10:53,190 --> 00:10:50,079

eye chakra aspect to it so

325

00:10:55,430 --> 00:10:53,200

they seem to be more psychic i guess

326

00:10:57,350 --> 00:10:55,440

are they more prone to seeing auras or

327

00:10:58,710 --> 00:10:57,360

energy healing that kind of stuff

328

00:11:00,150 --> 00:10:58,720

they're definitely prone to energy

329

00:11:02,630 --> 00:11:00,160

healing and they're definitely very

330

00:11:04,470 --> 00:11:02,640

intuitive i mean all kids are intuitive

331

00:11:05,910 --> 00:11:04,480

but some of these kids are just off the

332

00:11:07,829 --> 00:11:05,920

chart intuitive

333

00:11:09,430 --> 00:11:07,839

i recently worked with an indigo kid and

334

00:11:11,990 --> 00:11:09,440

he was just born with this gift of

335

00:11:14,630 --> 00:11:12,000

energy healing he naturally knew how to

336

00:11:16,550 --> 00:11:14,640

help someone go from feeling pain until

337

00:11:17,590 --> 00:11:16,560

feeling ease he just was able to do it

338

00:11:19,590 --> 00:11:17,600

with his hands

339

00:11:21,829 --> 00:11:19,600

so he was able to channel energy without

340

00:11:23,190 --> 00:11:21,839

any training and he also remembered some

341

00:11:25,910 --> 00:11:23,200

of his past lives

342

00:11:27,509 --> 00:11:25,920

so they have just a very strong level of

343

00:11:29,590 --> 00:11:27,519

intuition

344

00:11:31,190 --> 00:11:29,600

the past lives thing i mean i find that

345

00:11:32,870 --> 00:11:31,200

really interesting i've

346

00:11:34,790 --> 00:11:32,880

hear a lot of people making the case for

347

00:11:36,870 --> 00:11:34,800

that and i always love to hear

348

00:11:38,870 --> 00:11:36,880

stories of people that do recount some

349

00:11:42,310 --> 00:11:38,880

informations from some previous life

350

00:11:44,310 --> 00:11:42,320

can you tell me the details of of his

351

00:11:45,670 --> 00:11:44,320

realization of from a past life or his

352

00:11:48,150 --> 00:11:45,680

memories well

353

00:11:49,910 --> 00:11:48,160

what yeah i mean he he was telling his

354

00:11:51,509 --> 00:11:49,920

mom he was saying hey mom don't you

355

00:11:53,430 --> 00:11:51,519

remember when we did xyz

356

00:11:55,190 --> 00:11:53,440

and you know he's four years old so

357

00:11:58,230 --> 00:11:55,200

there's no reason that he would remember

358

00:12:00,230 --> 00:11:58,240

something that this was the woman's

359

00:12:01,829 --> 00:12:00,240

grandmother her mother his grandmother

360

00:12:03,990 --> 00:12:01,839

that had passed

361

00:12:05,750 --> 00:12:04,000

so it it appears to be from all the

362

00:12:08,710 --> 00:12:05,760

evidence that he reincarnate that she

363

00:12:11,030 --> 00:12:08,720

reincarnated into her son

364

00:12:12,710 --> 00:12:11,040

right and and she called everyone in the

365

00:12:14,230 --> 00:12:12,720

family after he was giving her all these

366

00:12:15,910 --> 00:12:14,240

details and said hey did you ever

367

00:12:17,750 --> 00:12:15,920

you know have you ever said this she

368

00:12:18,790 --> 00:12:17,760

really did her due diligence to be like

369

00:12:21,110 --> 00:12:18,800

how did this child

370

00:12:22,949 --> 00:12:21,120

know was it a dream was it and he was

371

00:12:25,509 --> 00:12:22,959

just giving so many details

372

00:12:26,790 --> 00:12:25,519

and real information there was just no

373

00:12:29,910 --> 00:12:26,800

other way

374

00:12:31,590 --> 00:12:29,920

for him to know this so you know whether

375

00:12:33,910 --> 00:12:31,600

of course we cannot be definitive but it

376

00:12:35,350 --> 00:12:33,920

was just all the evidence appears that

377

00:12:37,269 --> 00:12:35,360

okay there's something here going on

378

00:12:39,829 --> 00:12:37,279

that's clearly beyond

379

00:12:41,750 --> 00:12:39,839

what our senses can tell us yeah that is

380

00:12:44,790 --> 00:12:41,760

wild i've heard stories like that before

381

00:12:47,910 --> 00:12:44,800

so i mean it's you know it's not totally

382

00:12:49,430 --> 00:12:47,920

anomalous it's kind of crazy um and you

383

00:12:50,949 --> 00:12:49,440

mentioned that they seem to have this

384

00:12:53,350 --> 00:12:50,959

defiant or angry

385

00:12:55,430 --> 00:12:53,360

energy to them do you think that's part

386

00:12:56,389 --> 00:12:55,440

of the indigo kit package or is that

387

00:12:58,389 --> 00:12:56,399

anger that uh

388

00:13:00,470 --> 00:12:58,399

defiance is it more of a reaction to

389

00:13:02,470 --> 00:13:00,480

being just a young enlightened being in

390

00:13:04,790 --> 00:13:02,480

a society full of unenlightened

391

00:13:06,949 --> 00:13:04,800

uninspired working-class adults that

392

00:13:08,870 --> 00:13:06,959

might make them feel a bit alienated

393

00:13:11,670 --> 00:13:08,880

well certainly that doesn't help but

394

00:13:13,430 --> 00:13:11,680

but their their energy is running faster

395

00:13:15,190 --> 00:13:13,440

than a lot of people's energy and it's

396

00:13:18,550 --> 00:13:15,200

more intense

397

00:13:20,389 --> 00:13:18,560

and um that that intensity to them you

398

00:13:22,310 --> 00:13:20,399

know adults that have indigo children or

399

00:13:24,389 --> 00:13:22,320

adults who are indigos themselves

400

00:13:25,750 --> 00:13:24,399

they know that intensity they have this

401
00:13:28,069 --> 00:13:25,760
intensity to them

402
00:13:29,509 --> 00:13:28,079
and it is a fierceness it is you know

403
00:13:31,350 --> 00:13:29,519
when they want to do something they want

404
00:13:33,430 --> 00:13:31,360
to do something or that they do not want

405
00:13:36,069 --> 00:13:33,440
to do something they will refuse

406
00:13:36,629 --> 00:13:36,079
so there's this incredible fierceness to

407
00:13:38,470 --> 00:13:36,639
them

408
00:13:40,230 --> 00:13:38,480
and when that's channeled for good great

409
00:13:42,550 --> 00:13:40,240
things can happen in the world

410
00:13:44,230 --> 00:13:42,560
so they are given that intensity and

411
00:13:45,990 --> 00:13:44,240
fierceness because one of the collective

412
00:13:47,430 --> 00:13:46,000
reasons that they came is to help break

413
00:13:50,470 --> 00:13:47,440

down systems that don't work in our

414

00:13:53,910 --> 00:13:50,480

world and create ones that do

415

00:13:56,150 --> 00:13:53,920

yeah one part of uh and one's

416

00:13:57,910 --> 00:13:56,160

anecdote of intensity from your book is

417

00:14:00,069 --> 00:13:57,920

that there was one kid who was being

418

00:14:01,670 --> 00:14:00,079

bullied at school and his parents came

419

00:14:03,590 --> 00:14:01,680

to you because he had said if you send

420

00:14:06,310 --> 00:14:03,600

me back to school i'm killing myself

421

00:14:07,110 --> 00:14:06,320

that is the end of discussion um is that

422

00:14:08,710 --> 00:14:07,120

the kind of

423

00:14:10,389 --> 00:14:08,720

i mean that's definitely an intense

424

00:14:11,350 --> 00:14:10,399

statement i mean i've heard this a lot

425

00:14:12,949 --> 00:14:11,360

and i've worked with parents and

426

00:14:15,829 --> 00:14:12,959

children regarding this but i think that

427

00:14:17,590 --> 00:14:15,839

intensity or a refusal to do something

428

00:14:19,350 --> 00:14:17,600

what most of the mainstream world would

429

00:14:21,350 --> 00:14:19,360

call defiance

430

00:14:23,509 --> 00:14:21,360

is how that energy appears what it

431

00:14:25,430 --> 00:14:23,519

really is is fierceness and just energy

432

00:14:28,550 --> 00:14:25,440

that they need to channel for good

433

00:14:30,470 --> 00:14:28,560

but it will come out as refusal i refuse

434

00:14:31,910 --> 00:14:30,480

where you know 30 40 years ago kids

435

00:14:33,269 --> 00:14:31,920

might have felt that way

436

00:14:34,550 --> 00:14:33,279

but they still went along with it

437

00:14:36,230 --> 00:14:34,560

because their parents like you got to do

438

00:14:37,990 --> 00:14:36,240

this and there's no other choice

439

00:14:39,750 --> 00:14:38,000

nowadays when parents say that it just

440

00:14:41,590 --> 00:14:39,760

doesn't work out kids say forget it i'm

441

00:14:42,150 --> 00:14:41,600

not doing it they're not programmable

442

00:14:44,150 --> 00:14:42,160

the way

443

00:14:46,069 --> 00:14:44,160

kids were in previous generations they

444

00:14:47,189 --> 00:14:46,079

just say i'm not doing it

445

00:14:49,590 --> 00:14:47,199

yeah you know that's the most

446

00:14:51,269 --> 00:14:49,600

enlightening and hopeful aspect of it

447

00:14:53,110 --> 00:14:51,279

um you know if you if you're in the

448

00:14:54,870 --> 00:14:53,120

conspiracy wheelhouse and you feel like

449

00:14:55,750 --> 00:14:54,880

things are manipulated and people are

450

00:14:57,430 --> 00:14:55,760

programmed

451

00:14:58,949 --> 00:14:57,440

the fact that they're resisting that i

452

00:15:00,069 --> 00:14:58,959

mean that's a that's a very hopeful

453

00:15:01,990 --> 00:15:00,079

thing

454

00:15:04,069 --> 00:15:02,000

yeah i mean they have an inner wisdom so

455

00:15:06,710 --> 00:15:04,079

they're not looking to the outside world

456

00:15:08,629 --> 00:15:06,720

all the time to say okay what's true and

457

00:15:10,150 --> 00:15:08,639

what's not true they really rely a lot

458

00:15:11,189 --> 00:15:10,160

on what's inside of them

459

00:15:12,629 --> 00:15:11,199

and they don't care if you're their

460

00:15:14,069 --> 00:15:12,639

principal their parent if they don't

461

00:15:14,790 --> 00:15:14,079

think it's right they're not going to do

462

00:15:16,150 --> 00:15:14,800

it so

463

00:15:18,150 --> 00:15:16,160

you know of course they still need our

464

00:15:20,310 --> 00:15:18,160

guidance but um there is

465

00:15:21,990 --> 00:15:20,320

there is uh some wisdom that they come

466

00:15:23,750 --> 00:15:22,000

with

467

00:15:25,910 --> 00:15:23,760

that's super interesting can you give us

468

00:15:27,350 --> 00:15:25,920

a couple more anecdotes about indigos

469

00:15:29,910 --> 00:15:27,360

you've worked with that would highlight

470

00:15:32,790 --> 00:15:29,920

their differences from regular kids

471

00:15:33,990 --> 00:15:32,800

um that's a that's a good question um

472

00:15:36,470 --> 00:15:34,000

you know i think that

473

00:15:37,509 --> 00:15:36,480

giftedness and creativity are two other

474

00:15:39,749 --> 00:15:37,519

things that are

475

00:15:41,670 --> 00:15:39,759

off the charts for them and when i say

476

00:15:43,670 --> 00:15:41,680

giftedness i don't mean

477

00:15:45,670 --> 00:15:43,680

that they're you know ace students i

478

00:15:47,990 --> 00:15:45,680

mean they have typically at least one

479

00:15:48,949 --> 00:15:48,000

area or one subject that they're really

480

00:15:50,710 --> 00:15:48,959

gifted in

481

00:15:52,230 --> 00:15:50,720

it might be like michael phelps it might

482

00:15:53,749 --> 00:15:52,240

be swimming you know

483

00:15:55,590 --> 00:15:53,759

it might be something that doesn't you

484

00:15:56,550 --> 00:15:55,600

know line up in the school traditional

485

00:15:58,310 --> 00:15:56,560

school setting

486

00:16:00,069 --> 00:15:58,320

and they may actually be deficient in

487

00:16:00,710 --> 00:16:00,079

certain subjects like michael phelps was

488

00:16:04,550 --> 00:16:00,720

you know

489

00:16:06,949 --> 00:16:04,560

with traditional school

490

00:16:08,949 --> 00:16:06,959

so they have this high intensity high

491

00:16:09,430 --> 00:16:08,959

energy level and at least giftedness in

492

00:16:12,230 --> 00:16:09,440

one

493

00:16:14,150 --> 00:16:12,240

area and they also are creative and when

494

00:16:15,910 --> 00:16:14,160

i say creative i don't mean just regular

495

00:16:18,710 --> 00:16:15,920

creative their creativity is

496

00:16:20,550 --> 00:16:18,720

amazing oftentimes i hear parents and

497

00:16:22,629 --> 00:16:20,560

teachers and adults with indigos

498

00:16:24,870 --> 00:16:22,639

say you know i've never seen someone

499

00:16:27,749 --> 00:16:24,880

this creative for example

500

00:16:28,629 --> 00:16:27,759

i had a client who she was making a

501
00:16:30,150 --> 00:16:28,639
birdhouse

502
00:16:31,990 --> 00:16:30,160
you know in her little you know

503
00:16:33,910 --> 00:16:32,000
six-year-old world bird house the bird

504
00:16:37,590 --> 00:16:33,920
house had a skylight

505
00:16:39,910 --> 00:16:37,600
it had all sorts of incredible creative

506
00:16:42,069 --> 00:16:39,920
things to it that other kids just didn't

507
00:16:44,150 --> 00:16:42,079
think of so their creativity is just off

508
00:16:46,870 --> 00:16:44,160
the charts

509
00:16:48,710 --> 00:16:46,880
so if you if you've run into parents and

510
00:16:50,790 --> 00:16:48,720
who've seemed to identified

511
00:16:52,150 --> 00:16:50,800
that they have an indigo child do you

512
00:16:53,509 --> 00:16:52,160
try to steer them away from a

513
00:16:55,910 --> 00:16:53,519

traditional school system because it

514

00:16:58,310 --> 00:16:55,920

seems like it could be trouble for them

515

00:17:00,310 --> 00:16:58,320

um i would put them my recommendation

516

00:17:02,470 --> 00:17:00,320

you know making that school match as we

517

00:17:04,230 --> 00:17:02,480

all know having gone through school

518

00:17:05,909 --> 00:17:04,240

is so important right you know that's

519

00:17:07,510 --> 00:17:05,919

the first that's the first place you

520

00:17:09,270 --> 00:17:07,520

feel like you can either be yourself or

521

00:17:10,949 --> 00:17:09,280

you're like oh i can't be myself

522

00:17:12,309 --> 00:17:10,959

so you really want to make a good match

523

00:17:13,590 --> 00:17:12,319

where they feel like they can be who

524

00:17:15,669 --> 00:17:13,600

they came here to be

525

00:17:17,990 --> 00:17:15,679

and oftentimes you know indigos and

526

00:17:19,909 --> 00:17:18,000

sensitive kids in general their gifts

527

00:17:21,110 --> 00:17:19,919

don't line up with traditional school

528

00:17:23,110 --> 00:17:21,120

systems so

529

00:17:24,789 --> 00:17:23,120

i don't always recommend that i mean

530

00:17:26,870 --> 00:17:24,799

certainly charter schools and

531

00:17:28,870 --> 00:17:26,880

waldorf and montessori and other schools

532

00:17:30,630 --> 00:17:28,880

are oftentimes a better fit but

533

00:17:32,710 --> 00:17:30,640

it depends on the school depends on the

534

00:17:34,950 --> 00:17:32,720

community depends on the child

535

00:17:36,710 --> 00:17:34,960

but i do recommend places where they

536

00:17:37,029 --> 00:17:36,720

really feel like they can be who they

537

00:17:38,789 --> 00:17:37,039

are

538

00:17:40,630 --> 00:17:38,799

and they don't have to just try and fit

539

00:17:42,470 --> 00:17:40,640

in because the goal is really to help

540

00:17:45,430 --> 00:17:42,480

them develop their gifts and share their

541

00:17:49,190 --> 00:17:47,350

yeah i mean it seems like the things

542

00:17:50,310 --> 00:17:49,200

that you call in the book square peg

543

00:17:52,950 --> 00:17:50,320

jobs you know doctor

544

00:17:53,430 --> 00:17:52,960

lawyer traditional things it seems like

545

00:17:55,830 --> 00:17:53,440

if

546

00:17:57,190 --> 00:17:55,840

a person with this type of energy got

547

00:17:59,430 --> 00:17:57,200

shoehorned into one of these

548

00:18:00,870 --> 00:17:59,440

types of square peg jobs that that would

549

00:18:03,430 --> 00:18:00,880

be a pretty

550

00:18:05,190 --> 00:18:03,440

uh miserable life for someone like that

551
00:18:06,870 --> 00:18:05,200
well no they would just have to do it in

552
00:18:08,950 --> 00:18:06,880
a way that worked for them for example

553
00:18:10,549 --> 00:18:08,960
like dr oz who might have some indigo

554
00:18:12,310 --> 00:18:10,559
energy certainly he's on tv

555
00:18:14,390 --> 00:18:12,320
and he's doing things he's all over the

556
00:18:15,190 --> 00:18:14,400
place so they would never be able to do

557
00:18:17,510 --> 00:18:15,200
it like

558
00:18:19,510 --> 00:18:17,520
you know sort of like nine to five they

559
00:18:20,230 --> 00:18:19,520
would be doing whatever they did in an

560
00:18:22,870 --> 00:18:20,240
extremely

561
00:18:24,390 --> 00:18:22,880
creative way that wasn't done before

562
00:18:25,909 --> 00:18:24,400
that's another thing about these indigos

563
00:18:27,909 --> 00:18:25,919

they're real innovators right they

564

00:18:29,750 --> 00:18:27,919

really want to do things differently

565

00:18:30,549 --> 00:18:29,760

that's sort of in their heart and core

566

00:18:32,390 --> 00:18:30,559

and soul

567

00:18:33,830 --> 00:18:32,400

and going to something that's just root

568

00:18:36,150 --> 00:18:33,840

or memorization is

569

00:18:38,070 --> 00:18:36,160

painful for them so they want that

570

00:18:39,830 --> 00:18:38,080

freedom to be creative and express

571

00:18:41,110 --> 00:18:39,840

themselves and be able to do things

572

00:18:42,870 --> 00:18:41,120

outside of the box

573

00:18:44,549 --> 00:18:42,880

so whether they were a scientist a

574

00:18:45,350 --> 00:18:44,559

scholar an artist whatever it is they

575

00:18:48,470 --> 00:18:45,360

would need that

576

00:18:50,470 --> 00:18:48,480

freedom to do things differently right

577

00:18:52,310 --> 00:18:50,480

i mean how do you deal with that

578

00:18:54,549 --> 00:18:52,320

encouraging parents

579

00:18:55,990 --> 00:18:54,559

to give their kids that kind of

580

00:18:57,750 --> 00:18:56,000

confidence because you really have

581

00:18:59,350 --> 00:18:57,760

to reach a certain level of success

582

00:19:00,710 --> 00:18:59,360

before you get that type of freedom in

583

00:19:02,470 --> 00:19:00,720

your career

584

00:19:04,470 --> 00:19:02,480

that's true but you know i do believe

585

00:19:06,230 --> 00:19:04,480

that the world is changing in many ways

586

00:19:07,270 --> 00:19:06,240

and i think that with you know the way

587

00:19:09,510 --> 00:19:07,280

technology is

588

00:19:10,549 --> 00:19:09,520

and the internet and just the universe

589

00:19:12,710 --> 00:19:10,559

that

590

00:19:13,830 --> 00:19:12,720

children are coming into themselves

591

00:19:15,990 --> 00:19:13,840

earlier or

592

00:19:17,510 --> 00:19:16,000

people are you know it used to be like

593

00:19:19,190 --> 00:19:17,520

where you had to take a job you had to

594

00:19:20,390 --> 00:19:19,200

just stick with your job until you know

595

00:19:21,830 --> 00:19:20,400

you made it like you're saying to a

596

00:19:23,750 --> 00:19:21,840

certain level and then you could

597

00:19:25,990 --> 00:19:23,760

really be who you were but i think

598

00:19:27,590 --> 00:19:26,000

nowadays kids can really

599

00:19:29,590 --> 00:19:27,600

express themselves in unique and

600

00:19:31,350 --> 00:19:29,600

creative ways and there's enough

601
00:19:33,669 --> 00:19:31,360
creative organizations out there that

602
00:19:35,830 --> 00:19:33,679
they can find a way they can make a way

603
00:19:38,630 --> 00:19:35,840
they can connect with other like-minded

604
00:19:40,710 --> 00:19:38,640
people that can support their success so

605
00:19:42,789 --> 00:19:40,720
um i think kids are really having

606
00:19:44,230 --> 00:19:42,799
success earlier with you know sharing

607
00:19:45,669 --> 00:19:44,240
their unique gifts and i don't think

608
00:19:49,350 --> 00:19:45,679
they need to go down

609
00:19:50,789 --> 00:19:49,360
a path um you know that they don't feel

610
00:19:52,310 --> 00:19:50,799
like it's who they are i mean i think

611
00:19:53,750 --> 00:19:52,320
they need to stay in the flow and be who

612
00:19:54,950 --> 00:19:53,760
they are and i'm not saying don't take a

613
00:19:57,270 --> 00:19:54,960

job to cut you know

614

00:19:59,669 --> 00:19:57,280

to pay the bills i'm just saying to

615

00:20:01,590 --> 00:19:59,679

always be cultivating their unique gifts

616

00:20:02,230 --> 00:20:01,600

and to be working towards their dreams i

617

00:20:05,510 --> 00:20:02,240

think is

618

00:20:07,190 --> 00:20:05,520

very real and possible

619

00:20:08,789 --> 00:20:07,200

i agree with you i mean something i

620

00:20:10,149 --> 00:20:08,799

wanted to step back to your bio a little

621

00:20:12,390 --> 00:20:10,159

bit because uh

622

00:20:13,430 --> 00:20:12,400

the part where i put in the introduction

623

00:20:15,110 --> 00:20:13,440

that you lived at the base of the

624

00:20:17,029 --> 00:20:15,120

himalayas and you worked with tibetan

625

00:20:18,549 --> 00:20:17,039

refugee children

626
00:20:20,070 --> 00:20:18,559
can you give us some insight into what

627
00:20:21,190 --> 00:20:20,080
those kind of kids are like i feel like

628
00:20:23,190 --> 00:20:21,200
they've had some pretty

629
00:20:24,310 --> 00:20:23,200
extreme life experiences that have

630
00:20:26,390 --> 00:20:24,320
probably made them

631
00:20:27,830 --> 00:20:26,400
quite different from american children

632
00:20:29,270 --> 00:20:27,840
right well my first book is called

633
00:20:31,190 --> 00:20:29,280
growing happy kids

634
00:20:32,870 --> 00:20:31,200
and that book is about confidence and

635
00:20:33,990 --> 00:20:32,880
resilience and a deeper type of

636
00:20:36,310 --> 00:20:34,000
happiness

637
00:20:38,149 --> 00:20:36,320
and i start that book in my experience

638
00:20:40,710 --> 00:20:38,159

over there in asia but

639

00:20:42,230 --> 00:20:40,720

um to answer your question you know

640

00:20:44,789 --> 00:20:42,240

these kids are resilient kids

641

00:20:45,669 --> 00:20:44,799

you know these kids like most kids are

642

00:20:48,470 --> 00:20:45,679

have that

643

00:20:50,149 --> 00:20:48,480

inner strength and ability to want to be

644

00:20:52,470 --> 00:20:50,159

happy i mean that's sort of what ties us

645

00:20:55,510 --> 00:20:52,480

all together everyone wants to be happy

646

00:20:57,190 --> 00:20:55,520

so you know we look for it in different

647

00:20:59,270 --> 00:20:57,200

ways which is why i wrote the book

648

00:21:01,350 --> 00:20:59,280

growing happy kids to help sort of

649

00:21:03,430 --> 00:21:01,360

adults do some more conscious parenting

650

00:21:05,190 --> 00:21:03,440

and teachers and people like that but

651
00:21:07,590 --> 00:21:05,200
children wherever they are around the

652
00:21:09,350 --> 00:21:07,600
world want to be happy want to express

653
00:21:10,710 --> 00:21:09,360
their unique gifts and indigos and

654
00:21:13,110 --> 00:21:10,720
sensitive kids are everywhere

655
00:21:13,750 --> 00:21:13,120
you know it's not a us thing or it's

656
00:21:16,149 --> 00:21:13,760
really i

657
00:21:18,950 --> 00:21:16,159
i have worked with parents over skype uh

658
00:21:21,270 --> 00:21:18,960
wherever they're located and they've all

659
00:21:23,510 --> 00:21:21,280
uh asked similar questions so it's

660
00:21:26,149 --> 00:21:23,520
pretty incredible

661
00:21:28,549 --> 00:21:26,159
as far as indigos are concerned give me

662
00:21:29,990 --> 00:21:28,559
some of the most extreme examples you've

663
00:21:33,990 --> 00:21:30,000

seen of

664

00:21:37,510 --> 00:21:34,000

of intuition of high energy

665

00:21:39,750 --> 00:21:37,520

those type of um kind of fringe

666

00:21:41,909 --> 00:21:39,760

energetic type things

667

00:21:43,669 --> 00:21:41,919

intuitive you know kids often will tell

668

00:21:46,230 --> 00:21:43,679

me things before they happen

669

00:21:47,990 --> 00:21:46,240

i've had parents call me and say hey my

670

00:21:48,630 --> 00:21:48,000

my daughter is seeing angels can i bring

671

00:21:51,270 --> 00:21:48,640

her to you

672

00:21:53,510 --> 00:21:51,280

you know i mean kids are able to tap

673

00:21:55,830 --> 00:21:53,520

into a world that not everyone can see

674

00:21:57,510 --> 00:21:55,840

they have what i would call higher sense

675

00:21:57,990 --> 00:21:57,520

perception they've developed that you

676
00:21:59,909 --> 00:21:58,000
know they come

677
00:22:02,310 --> 00:21:59,919
in with that and whether they shut it

678
00:22:03,750 --> 00:22:02,320
off or they continue to cultivate it of

679
00:22:05,430 --> 00:22:03,760
course depends on their

680
00:22:06,789 --> 00:22:05,440
uh family and surroundings and

681
00:22:09,190 --> 00:22:06,799
experiences but

682
00:22:11,110 --> 00:22:09,200
you know i'm a believer that if you are

683
00:22:13,270 --> 00:22:11,120
connected to all that there is i would

684
00:22:16,470 --> 00:22:13,280
encourage you keeping that connection

685
00:22:17,909 --> 00:22:16,480
um and that involves intuition intuition

686
00:22:20,470 --> 00:22:17,919
is a very natural thing

687
00:22:21,110 --> 00:22:20,480
i think that you know if any of us have

688
00:22:22,710 --> 00:22:21,120

gone to

689

00:22:25,430 --> 00:22:22,720

you know traditional schools it was sort

690

00:22:25,990 --> 00:22:25,440

of drummed out of some people because

691

00:22:27,990 --> 00:22:26,000

they were told

692

00:22:29,590 --> 00:22:28,000

you know hey we we have all the answers

693

00:22:30,950 --> 00:22:29,600

you don't but if you can learn how to

694

00:22:33,909 --> 00:22:30,960

trust yourself

695

00:22:35,190 --> 00:22:33,919

and to really be open to creativity and

696

00:22:37,669 --> 00:22:35,200

your imagination

697

00:22:39,669 --> 00:22:37,679

and spirit i think that you can stay

698

00:22:42,950 --> 00:22:39,679

connected and that you can learn how to

699

00:22:44,470 --> 00:22:42,960

navigate our world and be that sensitive

700

00:22:47,350 --> 00:22:44,480

yeah i mean i really do think most

701
00:22:49,750 --> 00:22:47,360
people will have a few examples in their

702
00:22:53,029 --> 00:22:49,760
life of their own intuition but it

703
00:22:53,510 --> 00:22:53,039
seems uh kind of random i mean how would

704
00:22:56,149 --> 00:22:53,520
you

705
00:22:58,230 --> 00:22:56,159
suggest someone harness or increase that

706
00:23:00,710 --> 00:22:58,240
intuition

707
00:23:02,470 --> 00:23:00,720
um i think with kids and adults i mean i

708
00:23:04,630 --> 00:23:02,480
think the first step is really to get in

709
00:23:07,990 --> 00:23:04,640
touch with yourself you know to really

710
00:23:10,390 --> 00:23:08,000
uh meaning you know to calm down

711
00:23:12,390 --> 00:23:10,400
and sit still and it doesn't have to be

712
00:23:14,390 --> 00:23:12,400
a closed eyes meditation at first but

713
00:23:16,950 --> 00:23:14,400

you can do a walking meditation

714

00:23:17,909 --> 00:23:16,960

to just develop a level of awareness of

715

00:23:20,470 --> 00:23:17,919

your breath

716

00:23:20,950 --> 00:23:20,480

of your thoughts being able to direct

717

00:23:24,230 --> 00:23:20,960

your

718

00:23:25,830 --> 00:23:24,240

you feel

719

00:23:27,990 --> 00:23:25,840

and it is through our breath and it is

720

00:23:30,789 --> 00:23:28,000

through our feelings that we get to

721

00:23:31,190 --> 00:23:30,799

um really develop our intuition and

722

00:23:33,190 --> 00:23:31,200

there's

723

00:23:34,390 --> 00:23:33,200

certain ways and teachers and classes

724

00:23:36,310 --> 00:23:34,400

and all that stuff for developing your

725

00:23:38,230 --> 00:23:36,320

intuition one example

726

00:23:39,669 --> 00:23:38,240

um that i've recently gone to is a group

727

00:23:41,830 --> 00:23:39,679

of people you know you have

728

00:23:42,789 --> 00:23:41,840

you sit in a circle and one person said

729

00:23:44,630 --> 00:23:42,799

you know we

730

00:23:46,390 --> 00:23:44,640

one person we all focus on one person

731

00:23:46,870 --> 00:23:46,400

and you just get get whatever you

732

00:23:49,750 --> 00:23:46,880

receive

733

00:23:49,990 --> 00:23:49,760

intuitively and you don't judge it you

734

00:23:52,149 --> 00:23:50,000

don't

735

00:23:53,669 --> 00:23:52,159

interpret it and that person says yes

736

00:23:55,269 --> 00:23:53,679

and oftentimes they come back and say oh

737

00:23:57,110 --> 00:23:55,279

my god that's a tremendous confirmation

738

00:23:58,870 --> 00:23:57,120

for me i was thinking xyz

739

00:24:00,630 --> 00:23:58,880

so sort of like exercising your

740

00:24:01,510 --> 00:24:00,640

intuition like you would exercise your

741

00:24:05,190 --> 00:24:01,520

muscles

742

00:24:07,590 --> 00:24:05,200

and as you realize how connected you are

743

00:24:09,590 --> 00:24:07,600

and how that you often do have uh the

744

00:24:11,269 --> 00:24:09,600

ability to tap into all that there is

745

00:24:12,950 --> 00:24:11,279

and the wisdom of the world

746

00:24:14,390 --> 00:24:12,960

you by the doing it more and more you

747

00:24:16,470 --> 00:24:14,400

build your confidence and you build

748

00:24:17,990 --> 00:24:16,480

those muscles

749

00:24:19,590 --> 00:24:18,000

that's really fascinating i mean that

750

00:24:21,350 --> 00:24:19,600

whole area

751
00:24:23,269 --> 00:24:21,360
is kind of foreign to me i mean i've

752
00:24:24,070 --> 00:24:23,279
i've explored it a little bit i've gone

753
00:24:26,789 --> 00:24:24,080
to a reiki

754
00:24:28,149 --> 00:24:26,799
master once before but i didn't feel

755
00:24:30,310 --> 00:24:28,159
much of an effect

756
00:24:31,269 --> 00:24:30,320
i haven't gotten much out of meditation

757
00:24:33,350 --> 00:24:31,279
but

758
00:24:35,029 --> 00:24:33,360
with the people that i that do in my

759
00:24:37,269 --> 00:24:35,039
life that i know they're very grounded

760
00:24:38,789 --> 00:24:37,279
they seem a lot more well-rounded

761
00:24:42,630 --> 00:24:38,799
so it's pretty interesting to me

762
00:24:44,230 --> 00:24:42,640
especially the area of energy healing

763
00:24:45,909 --> 00:24:44,240

can you give me some examples of how

764

00:24:47,510 --> 00:24:45,919

young kids are discovering they have

765

00:24:48,630 --> 00:24:47,520

these types of abilities or how far

766

00:24:51,269 --> 00:24:48,640

these abilities

767

00:24:52,149 --> 00:24:51,279

can go well yeah my background is a

768

00:24:54,630 --> 00:24:52,159

reiki master

769

00:24:55,990 --> 00:24:54,640

and i do provide healing sessions

770

00:24:58,549 --> 00:24:56,000

hands-on healing

771

00:25:00,390 --> 00:24:58,559

to adults and children but i often teach

772

00:25:02,630 --> 00:25:00,400

classes where children are

773

00:25:03,430 --> 00:25:02,640

involved eight usually over the age of

774

00:25:05,190 --> 00:25:03,440

seven

775

00:25:06,710 --> 00:25:05,200

and you know it's interesting because

776

00:25:07,269 --> 00:25:06,720

they're just tuned in they're connected

777

00:25:09,350 --> 00:25:07,279

where

778

00:25:10,390 --> 00:25:09,360

oftentimes when i teach adults you sort

779

00:25:12,070 --> 00:25:10,400

of i don't want to say you have to

780

00:25:14,310 --> 00:25:12,080

convince them but you have to explain

781

00:25:15,269 --> 00:25:14,320

energy and how it works and how the body

782

00:25:17,669 --> 00:25:15,279

works and

783

00:25:19,190 --> 00:25:17,679

and uh talk about it kids are like oh i

784

00:25:21,750 --> 00:25:19,200

got this you know so oftentimes they'll

785

00:25:24,230 --> 00:25:21,760

see color coming out of their hands

786

00:25:25,029 --> 00:25:24,240

they can feel it they can see angels in

787

00:25:26,630 --> 00:25:25,039

the room

788

00:25:28,789 --> 00:25:26,640

i mean they're so they're really sort of

789

00:25:32,149 --> 00:25:28,799

tapped in and

790

00:25:33,669 --> 00:25:32,159

helping them understand energy which

791

00:25:36,149 --> 00:25:33,679

everything in the world is energy but

792

00:25:37,269 --> 00:25:36,159

helping them be able to learn energy

793

00:25:39,190 --> 00:25:37,279

healing i think

794

00:25:40,789 --> 00:25:39,200

can be a wonderful thing because it

795

00:25:42,789 --> 00:25:40,799

builds their confidence

796

00:25:44,230 --> 00:25:42,799

and it starts them thinking from the

797

00:25:45,990 --> 00:25:44,240

get-go wow i can

798

00:25:48,070 --> 00:25:46,000

there's a power within me that's greater

799

00:25:49,909 --> 00:25:48,080

than me and when you really believe that

800

00:25:50,630 --> 00:25:49,919

when you know that and you know that you

801
00:25:52,870 --> 00:25:50,640
know that

802
00:25:53,830 --> 00:25:52,880
you can persevere over any obstacle in

803
00:25:55,669 --> 00:25:53,840
your life you know

804
00:25:57,510 --> 00:25:55,679
you don't have to think that you know

805
00:25:59,110 --> 00:25:57,520
xyz is bigger than me or that's bigger

806
00:26:00,630 --> 00:25:59,120
than me you can reel out you can begin

807
00:26:02,390 --> 00:26:00,640
to realize that

808
00:26:04,230 --> 00:26:02,400
there's a power greater than you and and

809
00:26:06,950 --> 00:26:04,240
to grow up with that awareness

810
00:26:08,390 --> 00:26:06,960
is incredible yeah i mean it seems like

811
00:26:10,710 --> 00:26:08,400
they have such a jump

812
00:26:12,149 --> 00:26:10,720
on and developing themselves as a

813
00:26:13,190 --> 00:26:12,159

well-rounded person that even most

814

00:26:16,149 --> 00:26:13,200

adults do that

815

00:26:18,070 --> 00:26:16,159

might be sometimes off-putting if the

816

00:26:19,430 --> 00:26:18,080

kids seem to develop faster than their

817

00:26:21,669 --> 00:26:19,440

own parents

818

00:26:23,350 --> 00:26:21,679

that puts the dynamic in a weird place

819

00:26:24,630 --> 00:26:23,360

well it's interesting because you know

820

00:26:26,390 --> 00:26:24,640

every family

821

00:26:28,470 --> 00:26:26,400

everyone's growing together right so in

822

00:26:29,990 --> 00:26:28,480

the olden days of parenting people would

823

00:26:30,549 --> 00:26:30,000

think oh your parents have the answers

824

00:26:31,909 --> 00:26:30,559

and they're

825

00:26:34,149 --> 00:26:31,919

going to teach the kids or something

826

00:26:35,750 --> 00:26:34,159

like this nowadays it's sort of more of

827

00:26:37,269 --> 00:26:35,760

an enlightened way of thinking like you

828

00:26:39,669 --> 00:26:37,279

know we're all in it together we're

829

00:26:41,269 --> 00:26:39,679

all learning we're all growing and

830

00:26:41,909 --> 00:26:41,279

that's a really healthy way to think of

831

00:26:44,950 --> 00:26:41,919

it

832

00:26:45,350 --> 00:26:44,960

as well as um to realize that these kids

833

00:26:46,870 --> 00:26:45,360

not

834

00:26:48,630 --> 00:26:46,880

you know psychic and sensitive and

835

00:26:50,470 --> 00:26:48,640

indigo kids you know

836

00:26:51,669 --> 00:26:50,480

they came to us for a reason we're here

837

00:26:52,630 --> 00:26:51,679

to learn as much as they're here to

838

00:26:55,669 --> 00:26:52,640

learn

839

00:26:57,350 --> 00:26:55,679

so that's a really powerful thought yeah

840

00:26:59,830 --> 00:26:57,360

that's a good way to look at it too

841

00:27:01,750 --> 00:26:59,840

i would love to see colors or auras i

842

00:27:02,230 --> 00:27:01,760

mean i just don't is there anything i

843

00:27:04,390 --> 00:27:02,240

could do

844

00:27:06,390 --> 00:27:04,400

to develop that kind of ability or am i

845

00:27:07,990 --> 00:27:06,400

just kind of stuck

846

00:27:09,510 --> 00:27:08,000

no i mean you can certainly learn how to

847

00:27:12,630 --> 00:27:09,520

see auras i mean

848

00:27:14,230 --> 00:27:12,640

not complicated it's just it's just a

849

00:27:16,470 --> 00:27:14,240

matter of practice

850

00:27:17,750 --> 00:27:16,480

and i think that your lifestyle whatever

851
00:27:21,430 --> 00:27:17,760
anyone's lifestyle

852
00:27:23,990 --> 00:27:21,440
is really impacts your consciousness

853
00:27:24,950 --> 00:27:24,000
so the healthier you are in all ways the

854
00:27:27,669 --> 00:27:24,960
easier it is

855
00:27:30,470 --> 00:27:27,679
to develop higher sense perception but

856
00:27:32,549 --> 00:27:30,480
if you were outside and it was uh maybe

857
00:27:34,549 --> 00:27:32,559
you know dusk when the sun is setting or

858
00:27:34,870 --> 00:27:34,559
it can be bright light but if you sort

859
00:27:37,350 --> 00:27:34,880
of

860
00:27:39,190 --> 00:27:37,360
uh you know when you close your eyes to

861
00:27:40,549 --> 00:27:39,200
more of a fuzzy feeling like you sort of

862
00:27:41,190 --> 00:27:40,559
see things but it's a little out of

863
00:27:43,990 --> 00:27:41,200

focus

864

00:27:45,909 --> 00:27:44,000

yeah you can start to see energy around

865

00:27:47,830 --> 00:27:45,919

plants you can start to see

866

00:27:50,070 --> 00:27:47,840

an energy field around plants because

867

00:27:50,789 --> 00:27:50,080

all the nora is is your personal energy

868

00:27:53,029 --> 00:27:50,799

field

869

00:27:55,029 --> 00:27:53,039

so um you're just learning how to see

870

00:27:58,470 --> 00:27:55,039

the energy field either around plants

871

00:28:00,230 --> 00:27:58,480

around animals around people and um

872

00:28:02,149 --> 00:28:00,240

if you continue to do that and you

873

00:28:05,350 --> 00:28:02,159

continue to come from a place

874

00:28:07,190 --> 00:28:05,360

of love um and not wanting like um

875

00:28:08,470 --> 00:28:07,200

ego like wanting i want to see it i want

876

00:28:10,470 --> 00:28:08,480

to see it because it's cool and i can

877

00:28:11,510 --> 00:28:10,480

tell all my listeners that you know i'm

878

00:28:13,669 --> 00:28:11,520

seeing horrors now

879

00:28:15,190 --> 00:28:13,679

true come from the place of like this is

880

00:28:16,389 --> 00:28:15,200

just something i want to develop and

881

00:28:18,070 --> 00:28:16,399

experience

882

00:28:19,430 --> 00:28:18,080

you know it'll happen and and then

883

00:28:20,630 --> 00:28:19,440

you'll say oh yeah this stuff is for

884

00:28:22,149 --> 00:28:20,640

real

885

00:28:24,630 --> 00:28:22,159

because i think it is when you have

886

00:28:27,590 --> 00:28:24,640

direct experiences with this stuff

887

00:28:28,789 --> 00:28:27,600

but then it's hard to debate it i mean

888

00:28:29,990 --> 00:28:28,799

you certainly can debate it but then

889

00:28:32,470 --> 00:28:30,000

you've had your own experience

890

00:28:33,350 --> 00:28:32,480

you go oh this really does work oh i

891

00:28:35,669 --> 00:28:33,360

totally agree

892

00:28:37,510 --> 00:28:35,679

and that's why you know i i'm looking

893

00:28:39,190 --> 00:28:37,520

for that personal validation i like to

894

00:28:40,710 --> 00:28:39,200

explore it i like to hear about it but

895

00:28:42,389 --> 00:28:40,720

it's all just kind of

896

00:28:43,990 --> 00:28:42,399

theory until i have some type of

897

00:28:46,630 --> 00:28:44,000

experience so i'm still

898

00:28:48,149 --> 00:28:46,640

looking haven't had it yet but um but it

899

00:28:48,470 --> 00:28:48,159

is one of those things also that you

900

00:28:49,669 --> 00:28:48,480

know

901
00:28:51,669 --> 00:28:49,679
i don't want to say be careful what you

902
00:28:53,430 --> 00:28:51,679
asked for but if you do ask for it the

903
00:28:55,029 --> 00:28:53,440
universe will always bring you the

904
00:28:55,350 --> 00:28:55,039
people and the books and the places that

905
00:28:58,389 --> 00:28:55,360
will

906
00:29:00,230 --> 00:28:58,399
be the perfect right step for you

907
00:29:01,830 --> 00:29:00,240
that's something i've heard before too

908
00:29:04,070 --> 00:29:01,840
the universe tends to unfold as it

909
00:29:06,470 --> 00:29:04,080
should

910
00:29:08,389 --> 00:29:06,480
but well back to kids you know it's

911
00:29:08,950 --> 00:29:08,399
funny to me because everyone likes to

912
00:29:11,029 --> 00:29:08,960
just see

913
00:29:11,990 --> 00:29:11,039

kids being kids the other day i was

914

00:29:13,510 --> 00:29:12,000

actually in traffic

915

00:29:15,110 --> 00:29:13,520

court and a lady had to bring her son

916

00:29:16,950 --> 00:29:15,120

who was like this little four-year-old

917

00:29:18,630 --> 00:29:16,960

kid and couldn't sit still and didn't

918

00:29:20,389 --> 00:29:18,640

understand the seriousness

919

00:29:22,070 --> 00:29:20,399

of court and it was it was just

920

00:29:24,070 --> 00:29:22,080

hilarious because when she was dismissed

921

00:29:26,070 --> 00:29:24,080

the kid stood up on his chair and yelled

922

00:29:27,430 --> 00:29:26,080

goodbye everybody in like a totally

923

00:29:30,149 --> 00:29:27,440

quiet room you know

924

00:29:31,430 --> 00:29:30,159

and sometimes i wonder if that mindset

925

00:29:33,510 --> 00:29:31,440

of children just

926

00:29:35,350 --> 00:29:33,520

being lighthearted super friendly and

927

00:29:35,909 --> 00:29:35,360

having fun everywhere i sometimes wonder

928

00:29:38,310 --> 00:29:35,919

if

929

00:29:38,950 --> 00:29:38,320

those things really fade away naturally

930

00:29:43,190 --> 00:29:38,960

or if

931

00:29:44,870 --> 00:29:43,200

state of people there and it has to be

932

00:29:46,549 --> 00:29:44,880

aggressively weeded out by the eight

933

00:29:47,909 --> 00:29:46,559

hours a day five days a week for a

934

00:29:50,230 --> 00:29:47,919

lifetime

935

00:29:51,190 --> 00:29:50,240

well i think um laughter is the first

936

00:29:53,430 --> 00:29:51,200

stage of wisdom

937

00:29:55,350 --> 00:29:53,440

so if you and if you look at any

938

00:29:55,750 --> 00:29:55,360

brilliant teacher on this planet like

939

00:29:57,990 --> 00:29:55,760

you know

940

00:29:59,830 --> 00:29:58,000

his holiness the dalai lama or people

941

00:30:02,230 --> 00:29:59,840

that i can think of other people too

942

00:30:03,110 --> 00:30:02,240

they have a natural sense of joy and

943

00:30:04,789 --> 00:30:03,120

laughter

944

00:30:06,149 --> 00:30:04,799

you know they've been able to cultivate

945

00:30:08,070 --> 00:30:06,159

something within them

946

00:30:10,230 --> 00:30:08,080

that isn't dependent on outside

947

00:30:12,789 --> 00:30:10,240

circumstances to be

948

00:30:13,269 --> 00:30:12,799

light-hearted you know they're they come

949

00:30:15,669 --> 00:30:13,279

to it

950

00:30:17,190 --> 00:30:15,679

from not just their heart but also their

951
00:30:18,710 --> 00:30:17,200
mind they understand that when you're

952
00:30:20,389 --> 00:30:18,720
happy and you're joyful you know

953
00:30:22,630 --> 00:30:20,399
that kind of that stuff increases in

954
00:30:24,070 --> 00:30:22,640
your life and that you know when we

955
00:30:25,029 --> 00:30:24,080
focus on the negative that stuff

956
00:30:27,510 --> 00:30:25,039
increases

957
00:30:29,269 --> 00:30:27,520
so doing it from you know sort of

958
00:30:30,950 --> 00:30:29,279
enlightened self-interest learning how

959
00:30:31,830 --> 00:30:30,960
to be light-hearted about things is a

960
00:30:35,669 --> 00:30:31,840
really healthy

961
00:30:37,909 --> 00:30:35,679
happy thing and it does lend itself to

962
00:30:40,549 --> 00:30:37,919
developing intuition

963
00:30:41,990 --> 00:30:40,559

yeah i mean that's so well said because

964

00:30:43,350 --> 00:30:42,000

i've always

965

00:30:45,110 --> 00:30:43,360

thought you know it's cliché that

966

00:30:47,350 --> 00:30:45,120

laughter is the best medicine but i've

967

00:30:49,029 --> 00:30:47,360

always enjoyed comedy amongst all other

968

00:30:51,110 --> 00:30:49,039

things it's how i've dealt with every

969

00:30:52,549 --> 00:30:51,120

frustrating aspect of life

970

00:30:54,389 --> 00:30:52,559

and they and then i just recently a

971

00:30:56,549 --> 00:30:54,399

friend showed me uh videos of this

972

00:30:58,149 --> 00:30:56,559

laughter meditation and it looks really

973

00:31:00,149 --> 00:30:58,159

weird and off-putting

974

00:31:01,909 --> 00:31:00,159

but just groups of people forcing

975

00:31:04,149 --> 00:31:01,919

themselves to laugh until it becomes

976

00:31:06,470 --> 00:31:04,159

contagious and natural

977

00:31:08,070 --> 00:31:06,480

it's very goofy but i can understand how

978

00:31:09,750 --> 00:31:08,080

that would release endorphins and make

979

00:31:11,750 --> 00:31:09,760

someone actually happier

980

00:31:13,590 --> 00:31:11,760

absolutely i haven't done the meditation

981

00:31:15,110 --> 00:31:13,600

but i you just the idea of it makes me

982

00:31:17,029 --> 00:31:15,120

want to laugh because

983

00:31:18,470 --> 00:31:17,039

because it's true i mean it's true that

984

00:31:20,310 --> 00:31:18,480

laughter really is one of the best

985

00:31:22,710 --> 00:31:20,320

medicines i mean it's certainly

986

00:31:24,149 --> 00:31:22,720

from a biological perspective like you

987

00:31:27,990 --> 00:31:24,159

just said it really

988

00:31:29,509 --> 00:31:28,000

lifts your body up and another thing

989

00:31:30,789 --> 00:31:29,519

in the book that you have that i thought

990

00:31:31,669 --> 00:31:30,799

was interesting as you mentioned that

991

00:31:33,669 --> 00:31:31,679

these new kids

992

00:31:35,110 --> 00:31:33,679

indico kids are a lot more tech savvy

993

00:31:36,710 --> 00:31:35,120

right out of the gate and they have like

994

00:31:38,549 --> 00:31:36,720

this innate knowledge of how to use

995

00:31:39,990 --> 00:31:38,559

modern technology

996

00:31:41,509 --> 00:31:40,000

that's pretty interesting because i've

997

00:31:42,870 --> 00:31:41,519

recently been thinking about the idea

998

00:31:44,710 --> 00:31:42,880

that i know a lot of people who have

999

00:31:46,310 --> 00:31:44,720

kids who are just picking up ipads and

1000

00:31:48,070 --> 00:31:46,320

iphones and really getting it and i

1001

00:31:50,789 --> 00:31:48,080

sometimes wonder if that's

1002

00:31:52,549 --> 00:31:50,799

validation for the uh that thing they

1003

00:31:53,669 --> 00:31:52,559

call the 100th monkey effect are you

1004

00:31:56,310 --> 00:31:53,679

familiar with that

1005

00:31:57,750 --> 00:31:56,320

yes yeah like for people who aren't it's

1006

00:31:58,950 --> 00:31:57,760

you know the idea that scientists were

1007

00:32:01,029 --> 00:31:58,960

watching monkeys

1008

00:32:02,950 --> 00:32:01,039

teach their kids how to wash food in a

1009

00:32:04,470 --> 00:32:02,960

river and once a number of monkeys who

1010

00:32:05,029 --> 00:32:04,480

learned how to do this hit a critical

1011

00:32:07,830 --> 00:32:05,039

mass

1012

00:32:08,230 --> 00:32:07,840

the proverbial 100th monkey could do it

1013

00:32:09,830 --> 00:32:08,240

uh

1014

00:32:11,509 --> 00:32:09,840

instinctively without needing to be

1015

00:32:12,950 --> 00:32:11,519

shown and i wonder if that's what's

1016

00:32:14,630 --> 00:32:12,960

happening with technology or

1017

00:32:16,630 --> 00:32:14,640

with indigo kids is it to a stronger

1018

00:32:17,990 --> 00:32:16,640

degree well i think

1019

00:32:20,070 --> 00:32:18,000

you know children are born of the

1020

00:32:23,430 --> 00:32:20,080

consciousness in which they come into

1021

00:32:25,590 --> 00:32:23,440

so you know we are a connected

1022

00:32:26,950 --> 00:32:25,600

planet right now and they are born

1023

00:32:29,350 --> 00:32:26,960

connected they just get

1024

00:32:30,630 --> 00:32:29,360

technology and oftentimes you know

1025

00:32:31,990 --> 00:32:30,640

children are born in for

1026

00:32:33,509 --> 00:32:32,000

sometimes for a reason that we can't

1027

00:32:34,710 --> 00:32:33,519

even imagine maybe they're going to be a

1028

00:32:37,430 --> 00:32:34,720

spaceship mechanic

1029

00:32:37,750 --> 00:32:37,440

right so so the idea is that they are

1030

00:32:39,830 --> 00:32:37,760

just

1031

00:32:41,110 --> 00:32:39,840

naturally tech savvy in particular

1032

00:32:44,789 --> 00:32:41,120

indigos but mostly

1033

00:32:47,110 --> 00:32:44,799

most kids of course um but it it's it's

1034

00:32:48,870 --> 00:32:47,120

it's just a fascinating idea i just

1035

00:32:52,230 --> 00:32:48,880

tweeted i'm on the twitter

1036

00:32:53,110 --> 00:32:52,240

uh at md healy and i just read that the

1037

00:32:55,029 --> 00:32:53,120

first u.s

1038

00:32:56,789 --> 00:32:55,039

school went all digital in their

1039

00:32:57,350 --> 00:32:56,799

textbooks so i thought that was pretty

1040

00:33:01,350 --> 00:32:57,360

great

1041

00:33:02,630 --> 00:33:01,360

that is i do it's in white plains new

1042

00:33:05,509 --> 00:33:02,640

york

1043

00:33:06,230 --> 00:33:05,519

interesting yeah and i thought at first

1044

00:33:07,830 --> 00:33:06,240

i was like

1045

00:33:09,269 --> 00:33:07,840

really because you know that's not how i

1046

00:33:10,789 --> 00:33:09,279

went to school so we have that

1047

00:33:12,389 --> 00:33:10,799

experience of change like can that

1048

00:33:14,230 --> 00:33:12,399

really work and then as i was watching

1049

00:33:16,149 --> 00:33:14,240

the video and i was thinking about it

1050

00:33:17,990 --> 00:33:16,159

i'm like this is a wonderful

1051
00:33:19,509 --> 00:33:18,000
step in the right direction because we

1052
00:33:21,669 --> 00:33:19,519
are all connected

1053
00:33:22,710 --> 00:33:21,679
and these kids can access any textbook

1054
00:33:24,070 --> 00:33:22,720
of their school

1055
00:33:25,269 --> 00:33:24,080
so if they're really interested in

1056
00:33:27,509 --> 00:33:25,279
something or they want to look at the

1057
00:33:29,269 --> 00:33:27,519
year before them and clarify an issue

1058
00:33:32,070 --> 00:33:29,279
i mean it really allows them to be

1059
00:33:34,070 --> 00:33:32,080
engaged in learning in a whole new way

1060
00:33:35,190 --> 00:33:34,080
i agree i mean it can be such a

1061
00:33:37,029 --> 00:33:35,200
distraction you know

1062
00:33:39,430 --> 00:33:37,039
especially video games and that kind of

1063
00:33:41,590 --> 00:33:39,440

thing but it's not going away so if you

1064

00:33:42,870 --> 00:33:41,600

can harness social media and harness the

1065

00:33:45,190 --> 00:33:42,880

ability to

1066

00:33:46,789 --> 00:33:45,200

use these tools at an early age you

1067

00:33:49,509 --> 00:33:46,799

could do some pretty creative

1068

00:33:50,789 --> 00:33:49,519

uh stuff right and it forces teachers to

1069

00:33:52,310 --> 00:33:50,799

be at the top of their game

1070

00:33:53,830 --> 00:33:52,320

they got to be on top of this they got

1071

00:33:54,870 --> 00:33:53,840

to watch kids they got to get engaged

1072

00:33:57,350 --> 00:33:54,880

they got to make sure they're really

1073

00:33:59,269 --> 00:33:57,360

doing their work like you said

1074

00:34:01,269 --> 00:33:59,279

yeah i mean i know people my age that

1075

00:34:01,590 --> 00:34:01,279

are in their late 20s that still don't

1076

00:34:03,509 --> 00:34:01,600

know

1077

00:34:05,430 --> 00:34:03,519

how to use facebook or twitter and they

1078

00:34:06,389 --> 00:34:05,440

just don't care and it's like you know

1079

00:34:07,990 --> 00:34:06,399

that's fine

1080

00:34:09,510 --> 00:34:08,000

but you're going to be one of the very

1081

00:34:12,069 --> 00:34:09,520

few 50 year olds

1082

00:34:12,790 --> 00:34:12,079

in 20 years who don't know this stuff

1083

00:34:14,790 --> 00:34:12,800

you're just cut

1084

00:34:17,109 --> 00:34:14,800

out of that section and it's a huge

1085

00:34:19,750 --> 00:34:17,119

section of our social interactions

1086

00:34:21,270 --> 00:34:19,760

well from my perspective you know it

1087

00:34:23,030 --> 00:34:21,280

doesn't matter if you use it or not but

1088

00:34:23,349 --> 00:34:23,040

as long as you're aware of it and if

1089

00:34:26,869 --> 00:34:23,359

it's

1090

00:34:28,550 --> 00:34:26,879

try and decide if it works for you

1091

00:34:29,430 --> 00:34:28,560

because it is a great way to get

1092

00:34:30,950 --> 00:34:29,440

information

1093

00:34:32,550 --> 00:34:30,960

and you can turn it off like everything

1094

00:34:34,389 --> 00:34:32,560

i'm all for days where there's no

1095

00:34:37,430 --> 00:34:34,399

hookup to technology and you go out in

1096

00:34:39,270 --> 00:34:37,440

the woods or the beach or wherever it is

1097

00:34:41,909 --> 00:34:39,280

yeah that's i do think that's important

1098

00:34:45,030 --> 00:34:41,919

too you have to unplug once in a while

1099

00:34:46,470 --> 00:34:45,040

but internet culture though it's uh i

1100

00:34:48,790 --> 00:34:46,480

really love it because it's some

1101
00:34:49,669 --> 00:34:48,800
it's very goofy sometimes but at other

1102
00:34:52,470 --> 00:34:49,679
times it also

1103
00:34:53,909 --> 00:34:52,480
is really um it's communal you know way

1104
00:34:55,510 --> 00:34:53,919
more communal than we get in our

1105
00:34:57,190 --> 00:34:55,520
capitalistic society

1106
00:34:58,710 --> 00:34:57,200
and i think that might be part of the

1107
00:35:00,870 --> 00:34:58,720
awakening as well

1108
00:35:01,990 --> 00:35:00,880
and i like the idea how flat twitter is

1109
00:35:03,589 --> 00:35:02,000
i mean i don't want to bore

1110
00:35:05,030 --> 00:35:03,599
for listeners but the idea that you

1111
00:35:06,390 --> 00:35:05,040
really can communicate with people of

1112
00:35:07,109 --> 00:35:06,400
all different levels of all different

1113
00:35:09,270 --> 00:35:07,119

backgrounds

1114

00:35:11,190 --> 00:35:09,280

of all new york times best-selling

1115

00:35:12,790 --> 00:35:11,200

authors to someone who just graduated

1116

00:35:13,510 --> 00:35:12,800

college who knows you know you really

1117

00:35:15,910 --> 00:35:13,520

can

1118

00:35:17,190 --> 00:35:15,920

uh connect with people in a great way

1119

00:35:18,390 --> 00:35:17,200

yeah you cut out a lot of those

1120

00:35:18,950 --> 00:35:18,400

middlemen i think that's part of the

1121

00:35:21,190 --> 00:35:18,960

appeal

1122

00:35:23,190 --> 00:35:21,200

people love the idea that some celebrity

1123

00:35:24,870 --> 00:35:23,200

might say something to them or

1124

00:35:27,270 --> 00:35:24,880

at the very least they get to hear the

1125

00:35:28,790 --> 00:35:27,280

thoughts of people they admire

1126

00:35:31,910 --> 00:35:28,800

without it being filtered through the

1127

00:35:35,670 --> 00:35:31,920

tonight show or something like that

1128

00:35:37,670 --> 00:35:35,680

so that's interesting judging by

1129

00:35:39,430 --> 00:35:37,680

the most common personality traits and

1130

00:35:41,030 --> 00:35:39,440

values that you see in these kids if you

1131

00:35:43,750 --> 00:35:41,040

gave control of the government

1132

00:35:44,390 --> 00:35:43,760

and society to a group of say 10 or 20

1133

00:35:45,990 --> 00:35:44,400

indigo

1134

00:35:48,069 --> 00:35:46,000

kids what changes do you think that they

1135

00:35:49,430 --> 00:35:48,079

would make well they would they would

1136

00:35:52,790 --> 00:35:49,440

cut out all the nonsense

1137

00:35:54,870 --> 00:35:52,800

i mean they these kids are

1138

00:35:56,630 --> 00:35:54,880

you know say we got the best and the

1139

00:36:00,630 --> 00:35:56,640

brightest of 20 of these

1140

00:36:02,630 --> 00:36:00,640

sensitive indigo kids right they would

1141

00:36:03,670 --> 00:36:02,640

be really clear that it wouldn't be

1142

00:36:05,349 --> 00:36:03,680

hierarchical

1143

00:36:07,750 --> 00:36:05,359

it would be more partnership there would

1144

00:36:10,790 --> 00:36:07,760

be more um

1145

00:36:11,990 --> 00:36:10,800

more equality equanimity and they would

1146

00:36:13,750 --> 00:36:12,000

also be really focused

1147

00:36:15,270 --> 00:36:13,760

on things that mattered to them you know

1148

00:36:16,710 --> 00:36:15,280

what i mean they wouldn't

1149

00:36:18,630 --> 00:36:16,720

they're not as much they're not very

1150

00:36:19,510 --> 00:36:18,640

good with bureaucracy for example they

1151

00:36:22,390 --> 00:36:19,520

hate rules

1152

00:36:24,069 --> 00:36:22,400

so if they put rules in place you'd be

1153

00:36:25,829 --> 00:36:24,079

sure that it was for a reason you know

1154

00:36:27,030 --> 00:36:25,839

they wouldn't have rules to have rules

1155

00:36:28,470 --> 00:36:27,040

it would be like okay we

1156

00:36:30,150 --> 00:36:28,480

have to do that we want streets and

1157

00:36:32,069 --> 00:36:30,160

blocks and you know there

1158

00:36:33,430 --> 00:36:32,079

they would move things forward in a way

1159

00:36:34,790 --> 00:36:33,440

that worked for more people

1160

00:36:36,630 --> 00:36:34,800

so i think that that's really the

1161

00:36:37,349 --> 00:36:36,640

opportunity in our consciousness now

1162

00:36:38,950 --> 00:36:37,359

meaning

1163

00:36:40,390 --> 00:36:38,960

that these kids were really watching

1164

00:36:43,510 --> 00:36:40,400

consciousness in action we're

1165

00:36:44,630 --> 00:36:43,520

watching our evolution and uh these

1166

00:36:46,550 --> 00:36:44,640

children

1167

00:36:47,750 --> 00:36:46,560

many of them with the proper guidance

1168

00:36:49,829 --> 00:36:47,760

and mentorship and

1169

00:36:51,030 --> 00:36:49,839

support and things like that have the

1170

00:36:53,430 --> 00:36:51,040

opportunity or

1171

00:36:55,349 --> 00:36:53,440

potential to do great things but i will

1172

00:36:55,750 --> 00:36:55,359

say they also can be very challenging

1173

00:36:59,270 --> 00:36:55,760

too

1174

00:37:01,190 --> 00:36:59,280

so kids that um have this intensity and

1175

00:37:02,230 --> 00:37:01,200

the sensitivity if they don't get the

1176

00:37:03,750 --> 00:37:02,240

right guidance

1177

00:37:05,510 --> 00:37:03,760

you know they can become depressed and

1178

00:37:07,990 --> 00:37:05,520

they can become anxious and they can

1179

00:37:10,310 --> 00:37:08,000

they can not use their intensity for

1180

00:37:12,230 --> 00:37:10,320

good means so it's really important

1181

00:37:15,270 --> 00:37:12,240

that when we see these kids that we can

1182

00:37:17,109 --> 00:37:15,280

see their potential and help

1183

00:37:20,150 --> 00:37:17,119

yeah i mean they could at least probably

1184

00:37:22,550 --> 00:37:20,160

do better than a government shutdown

1185

00:37:24,230 --> 00:37:22,560

but if they shut down it would be for a

1186

00:37:26,470 --> 00:37:24,240

really good reason let's put it that way

1187

00:37:27,829 --> 00:37:26,480

it wouldn't be for just you know but

1188

00:37:29,750 --> 00:37:27,839

it would be interesting to see and it'd

1189

00:37:30,790 --> 00:37:29,760

be nice if we elected the best and

1190

00:37:32,630 --> 00:37:30,800

brightest of anything

1191

00:37:35,109 --> 00:37:32,640

you know like we we don't elect

1192

00:37:36,870 --> 00:37:35,119

scientists or biologists or sociologists

1193

00:37:37,829 --> 00:37:36,880

like our politicians are literally

1194

00:37:40,950 --> 00:37:37,839

experts in

1195

00:37:42,470 --> 00:37:40,960

nothing right right well i mean i think

1196

00:37:43,910 --> 00:37:42,480

you know there i forgot the name of the

1197

00:37:45,829 --> 00:37:43,920

school i should look it up but there's a

1198

00:37:47,750 --> 00:37:45,839

school that is run by the children

1199

00:37:49,430 --> 00:37:47,760

and it's a wonderful example of what

1200

00:37:51,190 --> 00:37:49,440

would happen i think for a government

1201
00:37:53,109 --> 00:37:51,200
i mean in the schools that school works

1202
00:37:54,950 --> 00:37:53,119
it really really really works

1203
00:37:56,390 --> 00:37:54,960
so they have like board meetings with

1204
00:37:58,310 --> 00:37:56,400
all the kids so

1205
00:38:00,630 --> 00:37:58,320
you know it is a great idea to see you

1206
00:38:02,550 --> 00:38:00,640
know what would change

1207
00:38:04,150 --> 00:38:02,560
yeah i mean i wonder about that with my

1208
00:38:05,030 --> 00:38:04,160
own kids i mean my girlfriend and i we

1209
00:38:06,870 --> 00:38:05,040
sometimes

1210
00:38:09,030 --> 00:38:06,880
talk about the idea if we had kids what

1211
00:38:11,030 --> 00:38:09,040
would we do sometimes we think about

1212
00:38:11,910 --> 00:38:11,040
homeschooling but then i worry about all

1213
00:38:13,910 --> 00:38:11,920

the pressure

1214

00:38:15,670 --> 00:38:13,920

on myself to do that you know that's a

1215

00:38:17,349 --> 00:38:15,680

lot and also

1216

00:38:18,470 --> 00:38:17,359

their interaction with other kids so

1217

00:38:20,390 --> 00:38:18,480

it's like i don't know if i want to do

1218

00:38:21,990 --> 00:38:20,400

that but then public school to me seems

1219

00:38:22,630 --> 00:38:22,000

like a joke but then at the same time

1220

00:38:24,230 --> 00:38:22,640

i'm like

1221

00:38:25,829 --> 00:38:24,240

maybe they should go to public school

1222

00:38:26,390 --> 00:38:25,839

and i'll give them a real education at

1223

00:38:28,790 --> 00:38:26,400

home

1224

00:38:30,630 --> 00:38:28,800

because i want my kids to be able to

1225

00:38:31,990 --> 00:38:30,640

interact with normal people still even

1226

00:38:33,270 --> 00:38:32,000

if they understand that we're

1227

00:38:35,670 --> 00:38:33,280

being put through the ringer in all

1228

00:38:37,030 --> 00:38:35,680

these weird ways well it's interesting

1229

00:38:38,310 --> 00:38:37,040

because there are some places on the

1230

00:38:40,550 --> 00:38:38,320

planet in the us

1231

00:38:42,550 --> 00:38:40,560

where homeschooling doesn't just mean

1232

00:38:44,069 --> 00:38:42,560

their parents are teaching them at home

1233

00:38:45,829 --> 00:38:44,079

there's homeschooling groups where

1234

00:38:47,750 --> 00:38:45,839

they've organized different teachers and

1235

00:38:50,390 --> 00:38:47,760

such so that homeschooling

1236

00:38:51,109 --> 00:38:50,400

is more social and that can and if done

1237

00:38:52,630 --> 00:38:51,119

correctly

1238

00:38:54,710 --> 00:38:52,640

they can really get wonderful things

1239

00:38:55,910 --> 00:38:54,720

from there where they're not held back

1240

00:38:56,950 --> 00:38:55,920

by grade level stuff

1241

00:38:58,470 --> 00:38:56,960

you know what i'm saying they can be

1242

00:39:00,310 --> 00:38:58,480

more engaged they can work on things

1243

00:39:02,390 --> 00:39:00,320

that they're really interested in

1244

00:39:03,910 --> 00:39:02,400

and they can have education in a way

1245

00:39:05,190 --> 00:39:03,920

that you know you really want to learn

1246

00:39:06,870 --> 00:39:05,200

you go to school you're like okay great

1247

00:39:08,550 --> 00:39:06,880

i'm working on xyz projects i really

1248

00:39:12,390 --> 00:39:08,560

want to work on this versus saying

1249

00:39:13,829 --> 00:39:12,400

oh no not math again so

1250

00:39:15,510 --> 00:39:13,839

so there there is ways to make

1251
00:39:17,270 --> 00:39:15,520
homeschooling work depending upon where

1252
00:39:19,030 --> 00:39:17,280
you live and what's available

1253
00:39:21,270 --> 00:39:19,040
but there are there are creative

1254
00:39:21,589 --> 00:39:21,280
resources for adults with children who

1255
00:39:23,829 --> 00:39:21,599
are

1256
00:39:25,270 --> 00:39:23,839
have that intensity and the sensitivity

1257
00:39:26,310 --> 00:39:25,280
and the intuition that we're talking

1258
00:39:27,510 --> 00:39:26,320
about

1259
00:39:29,190 --> 00:39:27,520
yeah i mean do you have any other

1260
00:39:30,150 --> 00:39:29,200
examples of alternative schooling

1261
00:39:32,950 --> 00:39:30,160
because that's really

1262
00:39:34,630 --> 00:39:32,960
interesting to me yeah i mean i think

1263
00:39:36,150 --> 00:39:34,640

that there's homeschooling cooperatives

1264

00:39:38,150 --> 00:39:36,160

i think there's waldorf i think there's

1265

00:39:39,990 --> 00:39:38,160

a lot of charter schools i know a lot of

1266

00:39:42,390 --> 00:39:40,000

other schools that are

1267

00:39:44,069 --> 00:39:42,400

really um doing their best to help

1268

00:39:44,950 --> 00:39:44,079

children learn in ways that work for

1269

00:39:46,790 --> 00:39:44,960

them because

1270

00:39:48,470 --> 00:39:46,800

you know i think that since these

1271

00:39:49,910 --> 00:39:48,480

children are not programmable you know

1272

00:39:51,270 --> 00:39:49,920

they're going to do what they want to do

1273

00:39:52,470 --> 00:39:51,280

of course there's times when it's

1274

00:39:53,750 --> 00:39:52,480

non-negotiable you need to brush your

1275

00:39:55,270 --> 00:39:53,760

teeth you need to go to bed or whatever

1276

00:39:57,750 --> 00:39:55,280

it is we can work with them on

1277

00:39:59,670 --> 00:39:57,760

right the way that they learn they need

1278

00:40:01,430 --> 00:39:59,680

to be engaged they need to be

1279

00:40:02,710 --> 00:40:01,440

active they need to be studying things

1280

00:40:04,309 --> 00:40:02,720

of interest to them

1281

00:40:06,470 --> 00:40:04,319

even if it's a subject that's not

1282

00:40:08,790 --> 00:40:06,480

interested to them they have to learn it

1283

00:40:11,270 --> 00:40:08,800

in ways that they feel engaged

1284

00:40:13,589 --> 00:40:11,280

so the way we deliver education is going

1285

00:40:15,829 --> 00:40:13,599

to have to change because we're just

1286

00:40:17,829 --> 00:40:15,839

at sort of the tipping point where so

1287

00:40:20,069 --> 00:40:17,839

many kids are sensitive

1288

00:40:21,750 --> 00:40:20,079

that you know the regular school system

1289

00:40:23,430 --> 00:40:21,760

won't work it will it will

1290

00:40:25,030 --> 00:40:23,440

you know i know a lot of kids that come

1291

00:40:26,630 --> 00:40:25,040

home and say oh you know how was school

1292

00:40:29,589 --> 00:40:26,640

today and they go oh

1293

00:40:30,390 --> 00:40:29,599

no it wasn't you know i mean and parents

1294

00:40:31,990 --> 00:40:30,400

a lot of parents

1295

00:40:33,990 --> 00:40:32,000

adults have just said you know that it

1296

00:40:34,550 --> 00:40:34,000

is what it is but it doesn't have to be

1297

00:40:35,829 --> 00:40:34,560

that way

1298

00:40:38,069 --> 00:40:35,839

you know what i mean there there are

1299

00:40:39,589 --> 00:40:38,079

other creative ways it's so sad

1300

00:40:41,030 --> 00:40:39,599

that a lot of parents will say that to

1301
00:40:42,390 --> 00:40:41,040
their kids you know kids say oh school

1302
00:40:43,510 --> 00:40:42,400
sucked and it's like yeah well school is

1303
00:40:45,030 --> 00:40:43,520
going to suck and then

1304
00:40:46,309 --> 00:40:45,040
they're they're coming home from a job

1305
00:40:47,349 --> 00:40:46,319
that sucks and they're like yeah well

1306
00:40:48,950 --> 00:40:47,359
you know once you know when school

1307
00:40:51,670 --> 00:40:48,960
work's going to suck and it's like

1308
00:40:51,990 --> 00:40:51,680
no one along the line wants to make a

1309
00:40:54,230 --> 00:40:52,000
better

1310
00:40:55,510 --> 00:40:54,240
structure for their own kids when the

1311
00:40:56,309 --> 00:40:55,520
one they went through didn't make them

1312
00:40:58,150 --> 00:40:56,319
happy

1313
00:41:00,470 --> 00:40:58,160

right right and the thing is there are a

1314

00:41:01,270 --> 00:41:00,480

lot of indigos that have become adults

1315

00:41:03,589 --> 00:41:01,280

now so there is

1316

00:41:05,670 --> 00:41:03,599

adult indigos now although my book the

1317

00:41:06,710 --> 00:41:05,680

energetic keys to indigo kids focuses on

1318

00:41:08,630 --> 00:41:06,720

indigo children

1319

00:41:10,470 --> 00:41:08,640

but there are a lot of adult indigos and

1320

00:41:11,829 --> 00:41:10,480

those are the people who are saying hey

1321

00:41:12,870 --> 00:41:11,839

we're not dealing with this regular

1322

00:41:14,470 --> 00:41:12,880

school stuff we're going to make it

1323

00:41:16,309 --> 00:41:14,480

we're going to do it in a way that works

1324

00:41:17,589 --> 00:41:16,319

so we'll continue to see shifts in the

1325

00:41:20,710 --> 00:41:17,599

educational system

1326

00:41:23,349 --> 00:41:20,720

and they will be for good and so is

1327

00:41:25,270 --> 00:41:23,359

indigo kid kind of like uh

1328

00:41:26,630 --> 00:41:25,280

i mean it seems like sort of a broad

1329

00:41:30,550 --> 00:41:26,640

term but is there

1330

00:41:32,870 --> 00:41:30,560

any way to completely

1331

00:41:34,230 --> 00:41:32,880

identify one like or is it all kind of

1332

00:41:36,150 --> 00:41:34,240

vague

1333

00:41:37,990 --> 00:41:36,160

well i mean i think that the key piece

1334

00:41:39,510 --> 00:41:38,000

is um i mean there's not like i can

1335

00:41:41,430 --> 00:41:39,520

i can't give them a blood test right now

1336

00:41:43,190 --> 00:41:41,440

and say right yeah of course

1337

00:41:44,630 --> 00:41:43,200

but but i mean certainly if you have

1338

00:41:46,230 --> 00:41:44,640

higher sense perception and you're able

1339

00:41:47,670 --> 00:41:46,240

to see the indigo aura that would be a

1340

00:41:50,230 --> 00:41:47,680

that would be a big clue

1341

00:41:51,829 --> 00:41:50,240

but um from a characteristic standpoint

1342

00:41:52,630 --> 00:41:51,839

in my book the energetic keys to indigo

1343

00:41:56,069 --> 00:41:52,640

kids i have

1344

00:41:58,150 --> 00:41:56,079

page 28 and 29. they all talk about the

1345

00:42:00,390 --> 00:41:58,160

descriptions and characteristics

1346

00:42:02,069 --> 00:42:00,400

and adults who have children who are

1347

00:42:04,550 --> 00:42:02,079

highly intense

1348

00:42:06,150 --> 00:42:04,560

uh have this energy of defiance and

1349

00:42:07,990 --> 00:42:06,160

adults know if their kids are like i

1350

00:42:09,270 --> 00:42:08,000

refuse to do this they know if that's an

1351
00:42:11,750 --> 00:42:09,280
everyday thing

1352
00:42:12,550 --> 00:42:11,760
and also with that sensitivity meaning

1353
00:42:14,630 --> 00:42:12,560
bright lights

1354
00:42:16,230 --> 00:42:14,640
the smells the sounds the word people

1355
00:42:17,829 --> 00:42:16,240
say to them you they know they have a

1356
00:42:20,870 --> 00:42:17,839
highly sensitive child

1357
00:42:23,750 --> 00:42:20,880
who has that intensity to them and

1358
00:42:25,670 --> 00:42:23,760
also has that sort of warrior energy and

1359
00:42:27,190 --> 00:42:25,680
has its shared mindset where they want

1360
00:42:27,990 --> 00:42:27,200
things to be equal and they want things

1361
00:42:29,670 --> 00:42:28,000
to be fair

1362
00:42:30,870 --> 00:42:29,680
and i can keep going down the list they

1363
00:42:32,790 --> 00:42:30,880

want to be partnered with they don't

1364

00:42:35,190 --> 00:42:32,800

want to be told what to do and

1365

00:42:35,990 --> 00:42:35,200

you know adults know if that fits their

1366

00:42:37,750 --> 00:42:36,000

child

1367

00:42:39,589 --> 00:42:37,760

or they have something else but you know

1368

00:42:41,270 --> 00:42:39,599

i've just seen so many indigo kids come

1369

00:42:42,630 --> 00:42:41,280

into my office and i thought it was time

1370

00:42:44,230 --> 00:42:42,640

to write a book that so

1371

00:42:46,069 --> 00:42:44,240

more adults would realize oh okay

1372

00:42:47,510 --> 00:42:46,079

there's nothing wrong with my child

1373

00:42:49,190 --> 00:42:47,520

maybe i think they're challenging and

1374

00:42:49,990 --> 00:42:49,200

difficult but when i really understand

1375

00:42:51,750 --> 00:42:50,000

them better

1376

00:42:53,910 --> 00:42:51,760

i can have more success with them and i

1377

00:42:55,190 --> 00:42:53,920

can help them have more success with

1378

00:42:57,910 --> 00:42:55,200

their own lives

1379

00:42:59,829 --> 00:42:57,920

and um so when you go through the

1380

00:43:01,030 --> 00:42:59,839

characteristics even though it's not

1381

00:43:03,190 --> 00:43:01,040

black and white

1382

00:43:04,390 --> 00:43:03,200

adults typically know if that they're

1383

00:43:05,829 --> 00:43:04,400

not in their head if they've got an

1384

00:43:08,550 --> 00:43:05,839

indigo child they know

1385

00:43:09,829 --> 00:43:08,560

from their experience of raising a child

1386

00:43:11,510 --> 00:43:09,839

that their child just has

1387

00:43:13,030 --> 00:43:11,520

occasional tantrums or if it's an

1388

00:43:15,109 --> 00:43:13,040

everyday thing

1389

00:43:16,230 --> 00:43:15,119

yeah because it seems a lot of those

1390

00:43:18,550 --> 00:43:16,240

things on the list

1391

00:43:19,670 --> 00:43:18,560

uh outside of the energetic stuff fit

1392

00:43:22,390 --> 00:43:19,680

the profile for

1393

00:43:23,109 --> 00:43:22,400

most creative people i know growing up

1394

00:43:25,030 --> 00:43:23,119

and i think mo

1395

00:43:26,470 --> 00:43:25,040

i think a whole well you know like i

1396

00:43:28,150 --> 00:43:26,480

mentioned there's that big umbrella of

1397

00:43:30,069 --> 00:43:28,160

sensitive kids and creative

1398

00:43:31,270 --> 00:43:30,079

blatantly creative people they're always

1399

00:43:33,349 --> 00:43:31,280

under the sensitive kids

1400

00:43:34,710 --> 00:43:33,359

umbrella but the indigo child in

1401

00:43:36,870 --> 00:43:34,720

particular is the one who's highly

1402

00:43:38,470 --> 00:43:36,880

sensitive and also has an intensity and

1403

00:43:41,109 --> 00:43:38,480

fierceness to them

1404

00:43:42,069 --> 00:43:41,119

so you know they could you know that's

1405

00:43:43,910 --> 00:43:42,079

just

1406

00:43:45,990 --> 00:43:43,920

that's their energy so it's learning how

1407

00:43:47,670 --> 00:43:46,000

to channel that energy whether it's

1408

00:43:49,109 --> 00:43:47,680

jumping on a trampoline whether it's

1409

00:43:49,670 --> 00:43:49,119

reading a book whether it's playing

1410

00:43:51,270 --> 00:43:49,680

soccer

1411

00:43:52,829 --> 00:43:51,280

every day they need to channel that

1412

00:43:54,230 --> 00:43:52,839

energy or it can go in the wrong

1413

00:43:55,510 --> 00:43:54,240

direction

1414

00:43:57,510 --> 00:43:55,520

it's really interesting because it's

1415

00:43:59,750 --> 00:43:57,520

almost like the universe is manifesting

1416

00:44:01,910 --> 00:43:59,760

what it needs you know kids that

1417

00:44:03,750 --> 00:44:01,920

want things to be equal they don't like

1418

00:44:04,710 --> 00:44:03,760

hierarchy they don't like rules they

1419

00:44:07,109 --> 00:44:04,720

don't like

1420

00:44:08,630 --> 00:44:07,119

structures holding them down and it's

1421

00:44:10,309 --> 00:44:08,640

funny because you say they're they're

1422

00:44:11,910 --> 00:44:10,319

more resistant it's maybe because the

1423

00:44:12,950 --> 00:44:11,920

universe put out some kids a couple

1424

00:44:14,630 --> 00:44:12,960

generations

1425

00:44:15,990 --> 00:44:14,640

ago and then they're like well that one

1426

00:44:17,030 --> 00:44:16,000

didn't work we got to get kids that are

1427

00:44:18,390 --> 00:44:17,040

more intense you know we're going to

1428

00:44:19,030 --> 00:44:18,400

have to have kids that are intense

1429

00:44:20,710 --> 00:44:19,040

enough

1430

00:44:22,230 --> 00:44:20,720

to overcome this structure that we're

1431

00:44:23,750 --> 00:44:22,240

involved in i do

1432

00:44:25,349 --> 00:44:23,760

i do think that you're right i think

1433

00:44:27,589 --> 00:44:25,359

that uh you know the

1434

00:44:29,030 --> 00:44:27,599

the beings and children that are

1435

00:44:31,349 --> 00:44:29,040

incarnate now

1436

00:44:32,309 --> 00:44:31,359

are exactly the right children for our

1437

00:44:34,309 --> 00:44:32,319

point in our

1438

00:44:35,829 --> 00:44:34,319

planet's evolution you know they're here

1439

00:44:37,750 --> 00:44:35,839

because they want to make systems and

1440

00:44:38,390 --> 00:44:37,760

things to work for more people i mean we

1441

00:44:40,870 --> 00:44:38,400

all

1442

00:44:42,710 --> 00:44:40,880

want that but they have the fierceness

1443

00:44:43,430 --> 00:44:42,720

and the determination and the stick

1444

00:44:46,710 --> 00:44:43,440

wizardness

1445

00:44:48,550 --> 00:44:46,720

to make it happen yeah you

1446

00:44:50,069 --> 00:44:48,560

mentioned a bit ago and you also have in

1447

00:44:52,390 --> 00:44:50,079

the book you talk about

1448

00:44:54,309 --> 00:44:52,400

the way that parenting needs to evolve

1449

00:44:55,990 --> 00:44:54,319

and i strongly agree again you know

1450

00:44:57,750 --> 00:44:56,000

what are some of the biggest ways that

1451

00:44:58,150 --> 00:44:57,760

you like the biggest mistakes that you

1452

00:45:01,670 --> 00:44:58,160

see

1453

00:45:03,030 --> 00:45:01,680

parents making today that's sort of a

1454

00:45:06,950 --> 00:45:03,040

loaded question but let's see

1455

00:45:08,630 --> 00:45:06,960

um some common mistakes that i see is um

1456

00:45:10,230 --> 00:45:08,640

one of them is that you know a lot of

1457

00:45:11,270 --> 00:45:10,240

parents think that their child needs to

1458

00:45:13,349 --> 00:45:11,280

be good at everything

1459

00:45:15,670 --> 00:45:13,359

and that's just not the way we are we're

1460

00:45:16,710 --> 00:45:15,680

all we're all patterned for our unique

1461

00:45:18,790 --> 00:45:16,720

purpose

1462

00:45:20,470 --> 00:45:18,800

so a child might be really good in

1463

00:45:22,150 --> 00:45:20,480

english but might think in math or a

1464

00:45:22,550 --> 00:45:22,160

child might be really good at science

1465

00:45:24,870 --> 00:45:22,560

and

1466

00:45:25,750 --> 00:45:24,880

not good in you know a foreign language

1467

00:45:27,910 --> 00:45:25,760

but the point

1468

00:45:29,910 --> 00:45:27,920

is to help them be who they came here to

1469

00:45:31,190 --> 00:45:29,920

be and give them the life skills and

1470

00:45:32,790 --> 00:45:31,200

help them learn what they need so they

1471

00:45:33,990 --> 00:45:32,800

can balance the checkbook and they learn

1472

00:45:35,109 --> 00:45:34,000

they can learn how to take care of

1473

00:45:37,510 --> 00:45:35,119

themselves and

1474

00:45:39,349 --> 00:45:37,520

be responsible but we don't want to

1475

00:45:41,270 --> 00:45:39,359

raise cookie cutter kids you know we

1476
00:45:42,710 --> 00:45:41,280
don't want kids to be just like everyone

1477
00:45:43,829 --> 00:45:42,720
else we want to celebrate their

1478
00:45:47,109 --> 00:45:43,839
uniqueness

1479
00:45:47,670 --> 00:45:47,119
so oftentimes i think that adults fall

1480
00:45:50,150 --> 00:45:47,680
into

1481
00:45:52,069 --> 00:45:50,160
just the regular sort of peer pressure

1482
00:45:54,069 --> 00:45:52,079
of society that i want my kid to be

1483
00:45:55,829 --> 00:45:54,079
great at this and great at this and

1484
00:45:57,510 --> 00:45:55,839
when oftentimes we just need to step

1485
00:45:59,349 --> 00:45:57,520
back and say okay who is this child and

1486
00:46:01,430 --> 00:45:59,359
how can i help them be who they came

1487
00:46:03,990 --> 00:46:01,440
here to be not who i want

1488
00:46:05,910 --> 00:46:04,000

that's true and i've always said as a

1489

00:46:06,630 --> 00:46:05,920

parent that i would have my kid playing

1490

00:46:08,870 --> 00:46:06,640

an instrument

1491

00:46:10,309 --> 00:46:08,880

i'd have him involved in martial arts

1492

00:46:11,990 --> 00:46:10,319

i'd teach him about diet

1493

00:46:13,910 --> 00:46:12,000

because i want to make a powerhouse who

1494

00:46:14,309 --> 00:46:13,920

has a lot of tools in their toolbox when

1495

00:46:16,150 --> 00:46:14,319

they're

1496

00:46:18,069 --> 00:46:16,160

18 to 20 and they can make money for

1497

00:46:19,829 --> 00:46:18,079

themselves creatively

1498

00:46:21,829 --> 00:46:19,839

because they aren't so useless as to

1499

00:46:23,829 --> 00:46:21,839

have to go get a job as a target cashier

1500

00:46:25,349 --> 00:46:23,839

or flipping burgers at wendy's you know

1501

00:46:27,030 --> 00:46:25,359

not to fix anything wrong with those

1502

00:46:29,190 --> 00:46:27,040

jobs they're just honest jobs now that

1503

00:46:32,550 --> 00:46:29,200

there's anything wrong with that

1504

00:46:34,230 --> 00:46:32,560

but um yeah no i of course but you know

1505

00:46:35,589 --> 00:46:34,240

it seems like a lot of times parents are

1506

00:46:37,829 --> 00:46:35,599

just along for the ride

1507

00:46:39,030 --> 00:46:37,839

rather than being an active participant

1508

00:46:40,870 --> 00:46:39,040

and building

1509

00:46:43,030 --> 00:46:40,880

a person that's gonna be able to do

1510

00:46:44,470 --> 00:46:43,040

great things yeah and i mean i think

1511

00:46:45,990 --> 00:46:44,480

what occurs to me while you're saying

1512

00:46:47,910 --> 00:46:46,000

that is that you know we just want to

1513

00:46:48,870 --> 00:46:47,920

have a level of awareness in our own

1514

00:46:51,510 --> 00:46:48,880

lives

1515

00:46:53,109 --> 00:46:51,520

that you know that it's not about us

1516

00:46:55,589 --> 00:46:53,119

raising the kids as much as it

1517

00:46:57,430 --> 00:46:55,599

is about all of us growing together and

1518

00:46:59,349 --> 00:46:57,440

being able to help them be who they came

1519

00:47:00,790 --> 00:46:59,359

here to be and that might like we said

1520

00:47:03,270 --> 00:47:00,800

be different than we think

1521

00:47:05,510 --> 00:47:03,280

and help them connect with who they are

1522

00:47:07,270 --> 00:47:05,520

and allow them to flourish in ways that

1523

00:47:08,950 --> 00:47:07,280

work for them whether it's their school

1524

00:47:10,950 --> 00:47:08,960

whether it's their friends whether it's

1525

00:47:12,630 --> 00:47:10,960

you know the unique interest that they

1526

00:47:14,550 --> 00:47:12,640

have

1527

00:47:16,470 --> 00:47:14,560

i mean you think the most important

1528

00:47:18,390 --> 00:47:16,480

tools are probably just i mean you want

1529

00:47:20,150 --> 00:47:18,400

to get out of their way and let them

1530

00:47:21,750 --> 00:47:20,160

manifest their creativity in their own

1531

00:47:23,270 --> 00:47:21,760

way but it's pretty important to build

1532

00:47:24,710 --> 00:47:23,280

their confidence you know a lot of these

1533

00:47:26,230 --> 00:47:24,720

kids especially in the book you have

1534

00:47:27,750 --> 00:47:26,240

several cases of kids that are bullied

1535

00:47:29,349 --> 00:47:27,760

in school

1536

00:47:30,950 --> 00:47:29,359

you got to build that confidence so they

1537

00:47:32,549 --> 00:47:30,960

realize you know hey i'm doing my i'm

1538

00:47:33,750 --> 00:47:32,559

doing my thing and that's fine even

1539

00:47:35,109 --> 00:47:33,760

though it's different from everybody

1540

00:47:36,549 --> 00:47:35,119

else and there was no one there when i

1541

00:47:38,549 --> 00:47:36,559

was young to really say that

1542

00:47:39,910 --> 00:47:38,559

to say you know the things you're doing

1543

00:47:41,030 --> 00:47:39,920

you know you're creative you're doing

1544

00:47:42,870 --> 00:47:41,040

things your own way

1545

00:47:44,309 --> 00:47:42,880

and eventually that's going to flourish

1546

00:47:46,069 --> 00:47:44,319

into something for you

1547

00:47:47,510 --> 00:47:46,079

right well i mean i think that you make

1548

00:47:49,270 --> 00:47:47,520

a good point and that's why i wrote the

1549

00:47:51,109 --> 00:47:49,280

growing happy kids book first because

1550

00:47:51,990 --> 00:47:51,119

that's all about how to develop a deeper

1551
00:47:54,549 --> 00:47:52,000
sense of resilience

1552
00:47:55,990 --> 00:47:54,559
and confidence and sensitive children

1553
00:47:57,990 --> 00:47:56,000
need that more than anyone

1554
00:47:59,750 --> 00:47:58,000
so the whole point is to develop that

1555
00:48:00,630 --> 00:47:59,760
inner strength and that resilience so

1556
00:48:02,630 --> 00:48:00,640
they can

1557
00:48:04,230 --> 00:48:02,640
have the courage to share their unique

1558
00:48:05,910 --> 00:48:04,240
gifts and also

1559
00:48:07,430 --> 00:48:05,920
you know to answer your other question

1560
00:48:08,710 --> 00:48:07,440
that you had from me i think a big piece

1561
00:48:11,030 --> 00:48:08,720
of the puzzle is

1562
00:48:11,990 --> 00:48:11,040
of course you know happiness yourself

1563
00:48:14,630 --> 00:48:12,000

becoming

1564

00:48:16,470 --> 00:48:14,640

someone who's creative and engaged in

1565

00:48:17,349 --> 00:48:16,480

the world and sharing your gifts i think

1566

00:48:19,030 --> 00:48:17,359

that's

1567

00:48:20,710 --> 00:48:19,040

being a role model for your kids is

1568

00:48:23,109 --> 00:48:20,720

essential that you know

1569

00:48:23,750 --> 00:48:23,119

really realizing that the happier you

1570

00:48:25,589 --> 00:48:23,760

are

1571

00:48:27,670 --> 00:48:25,599

the better it is for your kids so taking

1572

00:48:29,510 --> 00:48:27,680

the time to really nurture yourself i

1573

00:48:30,230 --> 00:48:29,520

think as an adult and parent and teacher

1574

00:48:33,190 --> 00:48:30,240

i think is

1575

00:48:35,109 --> 00:48:33,200

incredibly valuable yeah and i know it

1576
00:48:37,270 --> 00:48:35,119
can be super hard i'm sure as a parent

1577
00:48:38,950 --> 00:48:37,280
because i have so many bad habits

1578
00:48:41,829 --> 00:48:38,960
that you know we're just not having a

1579
00:48:44,870 --> 00:48:41,839
great example in areas like diet

1580
00:48:47,349 --> 00:48:44,880
um and early life consumerism

1581
00:48:49,109 --> 00:48:47,359
and i think people just forget that

1582
00:48:50,549 --> 00:48:49,119
every moment they're with their kids

1583
00:48:53,190 --> 00:48:50,559
their kids are absorbing what they're

1584
00:48:55,270 --> 00:48:53,200
doing and i'm gonna eat fast food

1585
00:48:57,109 --> 00:48:55,280
all the time but my kids i'm pretty sure

1586
00:48:58,549 --> 00:48:57,119
aren't gonna be seeing that

1587
00:49:00,630 --> 00:48:58,559
and uh i just think that's pretty

1588
00:49:02,710 --> 00:49:00,640

important you know i'm i'm a lost cause

1589

00:49:04,549 --> 00:49:02,720

but i can probably i can help inspire

1590

00:49:05,030 --> 00:49:04,559

someone some young kid to be better you

1591

00:49:07,510 --> 00:49:05,040

know

1592

00:49:09,349 --> 00:49:07,520

right and also i mean i think that like

1593

00:49:12,470 --> 00:49:09,359

you just said kids are always watching

1594

00:49:14,870 --> 00:49:12,480

so being honest with them and and

1595

00:49:16,150 --> 00:49:14,880

you know really doing your best and when

1596

00:49:17,829 --> 00:49:16,160

you make mistakes

1597

00:49:19,270 --> 00:49:17,839

you know we all make mistakes telling

1598

00:49:20,630 --> 00:49:19,280

them hey you know i could have probably

1599

00:49:22,470 --> 00:49:20,640

done that better i think having that

1600

00:49:24,470 --> 00:49:22,480

genuine relationship with kids

1601

00:49:26,790 --> 00:49:24,480

will go really far because at one point

1602

00:49:28,309 --> 00:49:26,800

in your life you might want them to call

1603

00:49:29,670 --> 00:49:28,319

you when they're a teenager and people

1604

00:49:31,589 --> 00:49:29,680

are drinking and getting into a car and

1605

00:49:33,190 --> 00:49:31,599

say hey mom can you pick me up

1606

00:49:35,109 --> 00:49:33,200

you want to be able to have that

1607

00:49:35,829 --> 00:49:35,119

relationship with them that's really

1608

00:49:37,510 --> 00:49:35,839

genuine

1609

00:49:39,990 --> 00:49:37,520

that they can feel like okay i can

1610

00:49:41,750 --> 00:49:40,000

really talk to my mom or my dad it's not

1611

00:49:43,430 --> 00:49:41,760

they're not off limits so that's

1612

00:49:46,230 --> 00:49:43,440

important totally agree

1613

00:49:47,430 --> 00:49:46,240

i some of the most authoritarian parents

1614

00:49:49,349 --> 00:49:47,440

when i was younger

1615

00:49:50,790 --> 00:49:49,359

their kids acted out harder than

1616

00:49:52,230 --> 00:49:50,800

anyone's you know a lot of kids were

1617

00:49:53,910 --> 00:49:52,240

doing drinking but the ones whose

1618

00:49:55,349 --> 00:49:53,920

parents were super strict those are the

1619

00:49:56,470 --> 00:49:55,359

ones who were going to the hospital and

1620

00:49:58,470 --> 00:49:56,480

getting charcoal

1621

00:49:59,990 --> 00:49:58,480

shoved down their throat you know those

1622

00:50:01,670 --> 00:50:00,000

the ones who are just going hog

1623

00:50:04,069 --> 00:50:01,680

wild and i think there really is

1624

00:50:06,390 --> 00:50:04,079

something to that you you react

1625

00:50:07,910 --> 00:50:06,400

you know uh strongly against that

1626
00:50:09,670 --> 00:50:07,920
opposition

1627
00:50:11,510 --> 00:50:09,680
and if you if you aren't putting

1628
00:50:14,630 --> 00:50:11,520
yourself in that position of being a

1629
00:50:15,589 --> 00:50:14,640
super strict authoritarian you can be

1630
00:50:17,030 --> 00:50:15,599
more of a guide

1631
00:50:18,390 --> 00:50:17,040
you know they can actually talk to you

1632
00:50:19,750 --> 00:50:18,400
because if you're too authoritarian the

1633
00:50:20,390 --> 00:50:19,760
kids like well i can't [\h__\h] talk to

1634
00:50:21,829 --> 00:50:20,400
them

1635
00:50:23,510 --> 00:50:21,839
right they have no idea what i'm

1636
00:50:26,549 --> 00:50:23,520
thinking right and also

1637
00:50:28,230 --> 00:50:26,559
you know i mean you you you want you

1638
00:50:30,950 --> 00:50:28,240

want to be able to

1639

00:50:32,950 --> 00:50:30,960

be available to them you know i mean and

1640

00:50:34,309 --> 00:50:32,960

i think that adults often parent the way

1641

00:50:36,790 --> 00:50:34,319

they were parented

1642

00:50:38,710 --> 00:50:36,800

until they take a pause and say okay how

1643

00:50:40,470 --> 00:50:38,720

was i parented what worked for me what

1644

00:50:42,069 --> 00:50:40,480

didn't and whatever didn't work for you

1645

00:50:43,270 --> 00:50:42,079

just drop it don't do that do it

1646

00:50:46,630 --> 00:50:43,280

differently

1647

00:50:48,790 --> 00:50:46,640

i agree um it seems so simple but

1648

00:50:49,750 --> 00:50:48,800

it's so funny that we're in the position

1649

00:50:52,069 --> 00:50:49,760

we're in

1650

00:50:53,910 --> 00:50:52,079

uh another thing you know i've always

1651
00:50:55,510 --> 00:50:53,920
felt like the people that are in charge

1652
00:50:58,309 --> 00:50:55,520
in government and making real

1653
00:50:58,630 --> 00:50:58,319
serious decisions in society are of a

1654
00:51:00,470 --> 00:50:58,640
much

1655
00:51:01,829 --> 00:51:00,480
older generation who's completely out of

1656
00:51:03,109 --> 00:51:01,839
touch i think everybody has that

1657
00:51:05,829 --> 00:51:03,119
experience you know

1658
00:51:07,589 --> 00:51:05,839
when they're in their 20s and 30s but as

1659
00:51:09,910 --> 00:51:07,599
indigo kids start to

1660
00:51:10,710 --> 00:51:09,920
fill some of these roles in society that

1661
00:51:12,390 --> 00:51:10,720
where they're going to

1662
00:51:13,750 --> 00:51:12,400
actually be making important decisions

1663
00:51:14,870 --> 00:51:13,760

how do you think society's going to

1664

00:51:16,150 --> 00:51:14,880

change you think we're going to see a

1665

00:51:18,790 --> 00:51:16,160

real benefit

1666

00:51:19,990 --> 00:51:18,800

oh without question uh you know i mean

1667

00:51:23,589 --> 00:51:20,000

indigo kids that

1668

00:51:24,549 --> 00:51:23,599

have been uh that have really started to

1669

00:51:26,710 --> 00:51:24,559

nurture their

1670

00:51:27,750 --> 00:51:26,720

strengths and skills and have the

1671

00:51:29,109 --> 00:51:27,760

wherewithal to

1672

00:51:31,510 --> 00:51:29,119

you know focus their gifts for the

1673

00:51:33,589 --> 00:51:31,520

greater good we'll we'll see

1674

00:51:35,510 --> 00:51:33,599

certainly positive differences i mean

1675

00:51:36,630 --> 00:51:35,520

not every indigo is going to be stellar

1676

00:51:38,870 --> 00:51:36,640

let's be honest but

1677

00:51:40,950 --> 00:51:38,880

certainly they all have that potential

1678

00:51:42,790 --> 00:51:40,960

and i know that the ones that uh

1679

00:51:44,150 --> 00:51:42,800

focus on using their talents for the

1680

00:51:46,630 --> 00:51:44,160

greater good will do that

1681

00:51:48,710 --> 00:51:46,640

they have such great compassion that's

1682

00:51:51,670 --> 00:51:48,720

one of their shared qualities

1683

00:51:53,670 --> 00:51:51,680

so when they use that they really can

1684

00:51:56,309 --> 00:51:53,680

help transform things

1685

00:51:57,750 --> 00:51:56,319

that's my hope i'm i'm with you i mean

1686

00:51:58,630 --> 00:51:57,760

that's really the main reason i have

1687

00:52:00,790 --> 00:51:58,640

such an interest

1688

00:52:02,230 --> 00:52:00,800

in the idea that these kids are changing

1689

00:52:03,030 --> 00:52:02,240

and that there's an awakening taking

1690

00:52:04,549 --> 00:52:03,040

place it's

1691

00:52:06,150 --> 00:52:04,559

it's a hopeful thought in a hopeless

1692

00:52:08,069 --> 00:52:06,160

world but uh

1693

00:52:09,829 --> 00:52:08,079

regardless it's about that time you know

1694

00:52:11,430 --> 00:52:09,839

thanks so much for being here it's been

1695

00:52:13,510 --> 00:52:11,440

great talking to you

1696

00:52:14,870 --> 00:52:13,520

again the book is the energetic keys to

1697

00:52:16,790 --> 00:52:14,880

indigo kids

1698

00:52:19,510 --> 00:52:16,800

do you have a website or any event my

1699

00:52:20,390 --> 00:52:19,520

website is growinghappykids.com and i'm

1700

00:52:22,549 --> 00:52:20,400

on twitter at

1701

00:52:24,230 --> 00:52:22,559

md healy awesome do you have any

1702

00:52:24,790 --> 00:52:24,240

upcoming events or anything like that

1703

00:52:27,510 --> 00:52:24,800

you do

1704

00:52:28,069 --> 00:52:27,520

go on occasional speaking tours right i

1705

00:52:29,430 --> 00:52:28,079

i do

1706

00:52:31,190 --> 00:52:29,440

i'm going to be in mountain view

1707

00:52:32,710 --> 00:52:31,200

california in january but

1708

00:52:34,950 --> 00:52:32,720

i'm always adding new things to my

1709

00:52:36,870 --> 00:52:34,960

calendar so certainly check it out

1710

00:52:38,069 --> 00:52:36,880

and i think there's some free chapters

1711

00:52:39,670 --> 00:52:38,079

on my website too

1712

00:52:41,990 --> 00:52:39,680

so you might be able to download some

1713

00:52:44,549 --> 00:52:42,000

things and take a browse

1714

00:52:45,589 --> 00:52:44,559

nice all right well thanks again maureen

1715

00:52:47,670 --> 00:52:45,599

it's been a pleasure

1716

00:52:49,589 --> 00:52:47,680

keep fighting the good fight thanks for